



**THE REGULATION AND QUALITY IMPROVEMENT AUTHORITY**  
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## **ANNOUNCED INSPECTION**

**Inspection No:**

**Establishment ID No:**

**Name of Establishment:**

**Date of Inspection:**

**Inspector's Name:**

## Introduction

The Regulation and Quality Improvement Authority (RQIA) will undertake an inspection of the Home a minimum of twice in every 12 month period as set out in The Regulation and Improvement Authority (Fees and Frequency of Inspections) Regulations (Northern Ireland) 2005. The purpose of the inspection is to assess compliance with the Regulations and Minimum Standards for Nursing Homes published by The Department of Health, Social Services and Public Safety (DHSSPS).

The following four minimum standards will be assessed at this inspection:

- **Standard 5 - Nursing Care**

Patients receive safe, effective nursing care based on an holistic assessment of their care needs that commences prior to admission to the home and continues following admission. Nursing care is planned and agreed with the patient, is accurately recorded and outcomes of care are regularly reviewed.

- **Standard 6 - Completion of case records**

Patients' case records are accurate and up to date.

- **Standard 8 - Nutrition**

Nutritional needs of patients are met.

- **Standard 12 - Meals and mealtimes**

Patients receive a nutritious and varied diet in appropriate surroundings at times convenient to them.

Further guidance relating to the inspection process and self assessment is available on RQIA's website.

RQIA also reserve the right to edit any responses that contravene the Data Protection Act or other relevant legislation. You will be informed of any changes prior to the report going open.

## Guidance on completion of the self assessment document

This self assessment document sets out four standards and associated criteria, taken directly from the relevant DHSSPS Minimum Standards.

You are asked to provide brief narrative in each 'Provider's Self Assessment' grey text box evidencing how the service meets the criterion set out immediately above the box. Do not complete the Inspection Findings box. Please use "plain English" and note that the **response is limited to 200 words** for each criterion.

As well as narrative for each criterion, the Registered Provider or Manager should also complete the Level of Achievement box. Clicking in the 'Achievement Level' box activates a drop-down menu, from which you can select the appropriate option.

The definitions for Achievement levels are listed below to assist the Registered Provider or Manager in completing the document:

**TABLE 1: LEVELS OF ACHIEVEMENT**

<b>Level of Achievement</b>	<b>Definition</b>
Not applicable	The criterion is not applicable to this service setting. (A reason must be clearly stated in the service response.)
Unlikely to be Achieved	The criterion is unlikely to ever be achieved. (A reason must be stated clearly in the service response).
Not Achieved	The criterion is unlikely to be achieved in full before end of March 2011. For example, the service has only started to develop a policy and implementation will not take place until after March 2011.
Partially Achieved	Work has been progressing satisfactorily and the service is likely to have achieved the criterion prior to end of March 2011. For example, the service has developed a policy and will have completed implementation by end of March 2011.
Substantially Achieved	A significant proportion of action has been completed to ensure the service performance is in line with the criterion. For example, a policy has been developed and implemented but a plan to ensure practice is fully embedded has not yet been put in place.
Fully Achieved	Action has been completed that ensures the service performance is fully in line with the criterion. For example, a policy has been developed, implemented, monitored and an ongoing programme is in place to review its effectiveness.

At the end of each Standard, there is another drop-down box giving the Registered Provider or Manager the opportunity to rate how the Home is performing against the whole Standard. Definitions for the Maturity levels are listed below to assist the Registered Provider or Manager in their choice of Level:

**TABLE 2: MATURITY MATRIX**

<b>Level of Maturity</b>	<b>Definition</b>
Aware	There is awareness of the issues to be addressed but currently there is no plan to develop an action plan to address them.
Responding	There is recognition of issues to be addressed and there is an action plan in place to address them.
Developing	Steps are being taken to address the issues with evidence of progress and improvement throughout the home.
Practising	There are well developed plans being implemented throughout the organisation that address the issues with evidence of evaluation and benchmarking leading to continuous improvement.
Leading	There is evidence of innovative practice, which is being shared across and beyond the service to others. The home is further developing their approaches to ensure long term sustainability.

**Following completion of the four standards, please email the self assessment document to [nursing.team@rqia.org.uk](mailto:nursing.team@rqia.org.uk) no later than 12 noon on XXXXXX.**

The nature of this inspection is such that any response made on the self assessment documentation may be the subject of further discussion with staff during the inspection. It is important that staff are aware they may be asked to discuss the information provided within the self declaration documentation.

**Providers are asked to note that any responses made on the self assessment document will form part of the inspection report for your establishment.**

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

**Patients receive safe, effective nursing care based on an holistic assessment of their care needs that commences prior to admission to the home and continues following admission. Nursing care is planned and agreed with the patient, is accurately recorded and outcomes of care are regularly reviewed.**

**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b>	<b>ACHIEVEMENT LEVEL</b>
5.1 At the time of each patient's admission to the home, a nurse carries out and records an initial risk assessment, using a validated assessment tool, and draws up an agreed plan of care to meet the patient's immediate care needs. Information received from the care management team informs this assessment.	
<b>Provider's Self Assessment:</b>	
	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	
	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 5.2 A comprehensive, holistic assessment of the patient's care needs using validated assessment tools is completed within 11 days of admission.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 5.3 A named nurse has responsibility for discussing, planning and agreeing nursing interventions to meet identified assessed needs with individual patients and their representatives. The nursing care plan clearly demonstrates the promotion of maximum independence and rehabilitation and, where appropriate, takes into account advice and recommendations from relevant health professionals.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable



**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 5.5 All nursing interventions, activities and procedures are supported by research evidence and guidelines as defined by professional bodies and national standard setting organisations.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 5.6 Contemporaneous nursing records, in accordance with NMC guidelines, are kept of all nursing interventions, activities and procedures that are carried out in relation to each patient. These records include outcomes for patients.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b>	<b>ACHIEVEMENT LEVEL</b>
5.7 The outcome of care delivered is monitored and recorded on a day-to-day basis and, in addition, is subject to documented review at agreed time intervals and evaluation, using benchmarks where appropriate, with the involvement of patients and their representatives.	
<b>Provider's Self Assessment:</b>	
	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	
	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

Criterion Assessed: 5.8 Patients are encouraged and facilitated to participate in all aspects of reviewing outcomes of care and to attend, or contribute to, formal multi-disciplinary review meetings arranged by local HSC Trusts as appropriate.		<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>		Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>		Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 5 - NURSING CARE**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b>	<b>ACHIEVEMENT LEVEL</b>
5.9 The results of all reviews and the minutes of review meetings are recorded and, where required, changes are made to the nursing care plan with the agreement of patients and representatives. Patients, and their representatives, are kept informed of progress toward agreed goals.	
<b>Provider's Self Assessment:</b>	
	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	
	Not Applicable

<p><b>PLEASE PROVIDE AN OVERALL ASSESSMENT OF THE NURSING HOME'S MATURITY AGAINST THE STANDARD ASSESSED</b></p>	<p><b>MATURITY LEVEL</b></p>
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**EVIDENCE: FOR RQIA INSPECTORS USE ONLY**

<p><b>MATURITY MATRIX: RQIA ASSESSED LEVEL OF MATURITY</b></p>	<p><b>MATURITY LEVEL</b></p>
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**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 6 - COMPLETION OF CASE RECORDS**

Patients' case records are accurate and up to date.

**PROVIDER'S SELF-ASSESSMENT**

Please outline (in no more than 200 words) how you are meeting this standard

<b>Criterion Assessed:</b> 6.1 The policy and procedure for maintaining case records in relation to treatment and care provided for patients complies with guidelines from professional and regulatory bodies.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 6 - COMPLETION OF CASE RECORDS**

Patients' case records are accurate and up to date.

**PROVIDER'S SELF-ASSESSMENT**

Please outline (in no more than 200 words) how you are meeting this standard

<b>Criterion Assessed:</b> 6.2 All entries in case records are contemporaneous; dated, timed, and signed, with the signature accompanied by the name and designation of the signatory.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 6 - COMPLETION OF CASE RECORDS**

Patients' case records are accurate and up to date.

**PROVIDER'S SELF-ASSESSMENT**

Please outline (in no more than 200 words) how you are meeting this standard

<b>Criterion Assessed:</b> 6.3 Any alterations or additions are dated, timed and signed, and made in such a way that the original entry can still be read.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 6 - COMPLETION OF CASE RECORDS**

Patients' case records are accurate and up to date.

**PROVIDER'S SELF-ASSESSMENT**

Please outline (in no more than 200 words) how you are meeting this standard

<b>Criterion Assessed:</b> 6.4 All treatment given and recommendations made are recorded in case records.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

<b>PLEASE PROVIDE AN OVERALL ASSESSMENT OF THE NURSING HOME'S MATURITY AGAINST THE STANDARD ASSESSED</b>	<b>MATURITY LEVEL</b>
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**EVIDENCE: FOR RQIA INSPECTORS USE ONLY**

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<b>MATURITY MATRIX: RQIA ASSESSED LEVEL OF MATURITY</b>	<b>MATURITY LEVEL</b>
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**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.1 Nutritional screening is carried out with patients on admission, using a validated tool such as the 'Malnutrition Universal Screening Tool (MUST)' or equivalent.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.2 Nutritional screening is repeated monthly, or more frequently depending on individual assessed need, and nutritional support is implemented according to the screening protocol.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.3 There are referral arrangements for the dietician to assess individual patient's nutritional requirements and draw up a nutritional treatment plan. The nutritional treatment plan is developed taking account of recommendations from relevant health professionals, and these plans are adhered to.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.4 There are up to date nutritional guidelines that are used by staff on a daily basis.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.5 There is nutritional information available in an accessible format for patients, and their representative.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.6 Nurses have up-to-date knowledge and skills in managing feeding techniques for patients who have swallowing difficulties, and in ensuring that instructions drawn up by the speech and language therapist are adhered to.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 8 - NUTRITION**  
**Nutritional needs of patients are met.**

**PROVIDER'S SELF-ASSESSMENT**  
**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 8.7 Nurses have up-to-date knowledge and skills in the provision of enteral tube feeding, and ensuring that feeding regimens drawn up by the dietician are adhered to.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

<b>PLEASE PROVIDE AN OVERALL ASSESSMENT OF THE NURSING HOME'S MATURITY AGAINST THE STANDARD ASSESSED</b>	<b>MATURITY LEVEL</b>
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**EVIDENCE: FOR RQIA INSPECTORS USE ONLY**

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<b>MATURITY MATRIX: RQIA ASSESSED LEVEL OF MATURITY</b>	<b>MATURITY LEVEL</b>
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**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

**Patients receive a nutritious and varied diet in appropriate surroundings at times convenient to them.**

**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.1 Patients are provided with a nutritious and varied diet, which meets their individual and recorded dietary needs and preferences. Full account is taken of relevant guidance documents, or guidance provided by dietitians and other professionals and disciplines.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

**Patients receive a nutritious and varied diet in appropriate surroundings at times convenient to them.**

**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.2 Patients are involved in planning the menus.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

Please outline (in no more than 200 words) how you are meeting this standard

<b>Criterion Assessed:</b> 12.3 The menu either offers patients a choice of meal at each mealtime or, when the menu offers only one option and the patient does not want this, an alternative meal is provided. A choice is also offered to those on therapeutic or specific diets.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.4 The daily menu is displayed in a suitable format and in an appropriate location, so that patients, and their representatives, know what is available at each mealtime.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.5 Meals are provided at conventional times, hot and cold drinks and snacks are available at customary intervals and fresh drinking water is available at all times.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.6 Patients can have a snack or drink on request, or have access to a domestic style kitchen.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.7 Menus provide for special occasions.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.8 Patients are consulted and their views taken into account regarding the home's policy on "take away" foods.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.9 Meals are served in suitable portion sizes, and presented in a way and in a consistency that meets each patient's needs.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.10 Staff are aware of any matters concerning patients' eating and drinking as detailed in each patient's individual care plan, and there are adequate numbers of staff present when meals are served to ensure: <ul style="list-style-type: none"> <li>• Risks when patients are eating and drinking are managed</li> <li>• Required assistance is provided</li> <li>• Necessary aids and equipment are available for use</li> </ul>	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

**Patients receive a nutritious and varied diet in appropriate surroundings at times convenient to them.**

**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.11 A record is kept of the meals provided in sufficient detail to enable any person inspecting it to judge whether the diet for each patient is satisfactory.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.12 Where a patient's care plan requires, or when a patient is unable, or chooses not, to eat a meal, a record is kept of all food and drinks consumed. Where a patient is eating excessively, a similar record is kept. All such occurrences are discussed with the patient and reported to the nurse in charge. Where necessary, a referral is made to the relevant professionals and a record kept of the action taken.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.13 Menus are rotated over a three-week cycle and revised at least six-monthly, taking into account seasonal availability of foods and patients' views.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>  	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>  	Not Applicable

**NURSING HOME - MINIMUM STANDARDS**

**STANDARD 12 - MEALS AND MEALTIMES**

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**PROVIDER'S SELF-ASSESSMENT**

**Please outline (in no more than 200 words) how you are meeting this standard**

<b>Criterion Assessed:</b> 12.14 Variations to the menu are recorded.	<b>ACHIEVEMENT LEVEL</b>
<b>Provider's Self Assessment:</b>	Not Applicable
<b>Inspection Findings: FOR RQIA INSPECTORS USE ONLY</b>	Not Applicable

<b>PLEASE PROVIDE AN OVERALL ASSESSMENT OF THE NURSING HOME'S MATURITY AGAINST THE STANDARD ASSESSED</b>	<b>MATURITY LEVEL</b>
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**EVIDENCE: FOR RQIA INSPECTOR'S USE ONLY**

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<b>MATURITY MATRIX: RQIA ASSESSED LEVEL OF MATURITY</b>	<b>MATURITY LEVEL</b>
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