RQIA Provider Guidance 2018-19
Medicines Management Inspections

www.rqia.org.uk
Assurance, Challenge and Improvement in Health and Social Care
What we do

The Regulation and Quality Improvement Authority (RQIA) is the independent body that regulates and inspects the quality and availability of Northern Ireland’s health and social care (HSC) services. We were established in 2005 under The Health and Personal Social Services (Quality, Improvement and Regulation) (Northern Ireland) Order 2003 to drive improvements for everyone using health and social care services.

Through our programme of work we provide assurance about the quality of care; challenge poor practice; promote improvement; safeguard the rights of service users; and inform the public through the publication of our reports. RQIA has three main areas of work:

- We register and inspect a wide range of independent and statutory health and social care services.
- We work to assure the quality of services provided by the HSC Board, HSC trusts and agencies - through our programme of reviews.
- We undertake a range of responsibilities for people with mental ill health and those with a learning disability.

We inspect and report on the following four domains:

- Is care safe?
- Is care effective?
- Is care compassionate?
- Is the service well led?

RQIA registers and inspects a wide range of health and social care services. These include: nursing, residential care and childrens' homes; domiciliary care agencies; day care settings/centres; independent health care; nursing agencies; independent medical agencies; residential family centres; adult placement agencies; voluntary adoption agencies, school boarding departments and young adult supported accommodation (inspected only).
The Four Domains

Is care safe?
Avoiding and preventing harm to service users from the care, treatment and support that is intended to help them.

Is care effective?
The right care, at the right time in the right place with the best outcome.

Is the service well led?
Effective leadership, management and governance which creates a culture focused on the needs and the experiences of service users in order to deliver safe, effective and compassionate care.

Is Care Compassionate?
Service users are treated with dignity and respect and should be fully involved in decisions affecting their treatment, care and support.
How We Will Inspect

We plan to focus our resources on nursing, residential care and childrens’ homes, where service users receive 24 hour care. We will also be involved across RQIA in reviews and inspections where a need for a medicines management input has been identified. This may include independent health care, hospitals, prisons and mental health care facilities.

Our inspectors are most likely to carry out unannounced medicines management inspections, however from time to time we may need to give some notice of our inspections.

During our inspections we will inspect and report on the following four domains:

- Is care safe?
- Is care effective?
- Is care compassionate?
- Is the service well led?

When we inspect medicines management within an establishment, we aim to:

- seek the views of the people who use the service, or their representatives
- talk to management and other staff on the day of the inspection
- examine a range of records including policies, medicine and care records and incidents
- audit a sample of randomly selected medicines to determine if they have been administered as prescribed
- determine if medicines are being stored safely and securely
- provide feedback on the day of the inspection to the manager or the person in charge on the outcome of the inspection
- provide a report of our inspection findings and outline any areas for quality improvement where failings in compliance with regulations and/or standards are identified

Our inspections are underpinned by:

- The HPSS (Quality, Improvement and Regulation) (Northern Ireland) Order 2003
- The HPSS regulations relevant to the registered establishment
- The DHSSPS standards relevant to the registered establishment

Guidance on the inspection of Independent Medical Agencies (IMA) is to be found in the provider guidance for Independent Health Care – Independent Medical Agency.
What We Look For When We Inspect

To help us to report on whether the care is safe, effective and compassionate and whether the service is well led, we will look for evidence against the following indicators. The evidence listed for each indicator provides examples of what may be reviewed and should not be considered exhaustive.

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Description</th>
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<tbody>
<tr>
<td>S1</td>
<td>There are, at all times, suitably qualified, competent and experienced persons working in the service in such numbers as are appropriate for the health and welfare of service users.</td>
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<tr>
<td>S2</td>
<td>The service promotes and makes proper provision for the welfare, care and protection of service users.</td>
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**Is care safe?**
Avoiding and preventing harm to service users from the care, treatment and support that is intended to help them.

**Indicator S1**
- There are, at all times, suitably qualified, competent and experienced persons working in the service in such numbers as are appropriate for the health and welfare of service users.

**Examples of Evidence**
- Records of training and competency in medicines management are maintained for relevant staff
- For staff managing medicines this aspect of care is included in the staff induction process
- Training and competency in relation to the management of medicines is kept under review through supervision and appraisal
- Additional training on specific techniques e.g. PEG, syringe driver
- Safeguarding training is provided during induction and updated as necessary

**Indicator S2**
The service promotes and makes proper provision for the welfare, care and protection of service users.

**Examples of Evidence**
- There are arrangements in place to ensure service users have a continuous supply of their prescribed medicines
- Safe systems are in place for the acquisition and storage of prescriptions
- Antibiotics are received into the home without delay and dosage regimens are adhered to.
- Newly prescribed medicines are commenced without delay. Discontinued medicines are removed for disposal
- There are arrangements in place to identify the Adult Safeguarding Champion/Safeguarding Lead
- There are arrangements in place to embed the regional operational safeguarding procedures
- Staff are knowledgeable about safeguarding and are aware of their obligations in relation to raising concerns about poor practice
- All suspected, alleged or actual incidents of abuse are fully and promptly referred to the relevant persons and agencies for investigation in accordance with procedures and legislation; written records must be retained
- Where shortcomings are highlighted as a result of an investigation, additional identified safeguards are put in place
- Staff are aware of their obligations in relation to raising concerns about poor practice
## Indicator S3
There are systems in place to ensure that unnecessary risks to the health, welfare or safety of service users are identified, managed and where possible eliminated.

### Examples of Evidence
- Arrangements are in place to ensure the safe management of medicines during admission/readmission and on discharge/transfer
- The management of medicines is in compliance with legislative requirements, professional standards and guidelines
- There are robust systems in place for identifying, recording, and reporting adverse incidents and near misses involving medicines and medicinal products
- Service users assessed as lacking understanding in relation to their need for prescribed medication are only administered medicines covertly if a management plan is in place which has been agreed after multidisciplinary consultation
- Medicines no longer required by service users are destroyed or disposed of by trained and competent staff

## Indicator S4
The premises and grounds are safe, well maintained and suitable for their stated purpose.

### Examples of Evidence
- Medicines are safely and securely stored and in accordance with legislative requirements and manufacturers’ instructions
- Medicines are stored at the manufacturers’ recommended temperature
- Systems are in place to monitor medical equipment to ensure that it is fit for purpose
- Treatment rooms are kept clean and tidy
- There is sufficient storage space for medicines
**Is care effective?**
The right care, at the right time in the right place with the best outcome.

<table>
<thead>
<tr>
<th>Indicator E1</th>
<th>The service responds appropriately to and meets the assessed needs of the people who use the service.</th>
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<tbody>
<tr>
<td><strong>Examples of Evidence</strong></td>
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<tr>
<td>• Service users are administered their medicines in strict accordance with the prescriber’s instructions</td>
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<tr>
<td>• Where medicines are prescribed on a “when required” basis, parameters of use are clearly defined in the service user’s records</td>
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<td>• Advice is sought when service users’ have difficulty taking their prescribed medicines</td>
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<tr>
<td>• Medicine records are legible and accurately maintained to ensure that there is a clear audit trail</td>
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<td>• Review of relevant care records e.g. pain, distressed reactions, dysphagia, warfarin, antibiotics</td>
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<thead>
<tr>
<th>Indicator E2</th>
<th>There are arrangements in place to monitor, audit and review the effectiveness and quality of care delivered to service users at appropriate intervals.</th>
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<tr>
<td><strong>Examples of Evidence</strong></td>
<td></td>
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<tr>
<td>• There are robust arrangements in place to audit all aspects of the management of medicines</td>
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<tr>
<th>Indicator E3</th>
<th>There are robust systems in place to promote effective communication between service users, staff and other key stakeholders.</th>
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<tr>
<td><strong>Examples of Evidence</strong></td>
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<tr>
<td>• There is appropriate communication between all healthcare professionals involved in the care of the service user (with respect to medicines)</td>
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**Is care compassionate?**
Service users are treated with dignity and respect and should be fully involved in decisions affecting their treatment, care and support.

**Indicator C1**
There is a culture/ethos that supports the values of dignity and respect, independence, rights, equality and diversity, choice and consent of service users.

**Examples of Evidence**
- As far as possible, service users are involved in the management of their medicines
- The dignity and confidentiality of service users is maintained when their medicines are administered

**Indicator C2**
Service users are listened to, valued and communicated in an appropriate manner.

**Examples of Evidence**
- Observation of the medicine administration process
- Staff administer medicines in a caring manner
- Requests for “when required” medicines are dealt with promptly

**Indicator C3**
There are systems in place to ensure that the views and opinions of service users, and or their representatives, are sought and taken into account in all matters affecting them.

**Examples of Evidence**
- Discussion with service users and/or their representatives when possible
- Service users receive medicines in accordance with any documented preferences
## Is the service well led?

Effective leadership, management and governance which creates a culture focused on the needs and the experiences of service users in order to deliver safe, effective and compassionate care.

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<thead>
<tr>
<th><strong>Indicator L1</strong></th>
<th>There are management and governance systems in place to meet the needs of service users.</th>
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<tbody>
<tr>
<td><strong>Examples of Evidence</strong></td>
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<tr>
<td><strong>Medicines management</strong></td>
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<tr>
<td>- Written policies and procedures for the management of medicines are up to date, cover all aspects of medicines management and have been effectively cascaded to all relevant staff.</td>
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<td>- There is an open and transparent process in place for the management of any medicine related incidents.</td>
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<td><strong>Equality of opportunity for service users</strong></td>
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<td>- The home are aware of Equality legislation and recognize and respond to the diverse needs of service users.</td>
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<td>- The home collects Equality data on service users.</td>
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<td>- Staff are trained to effectively engage with the diverse range of service users.</td>
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<td>- The home monitor Equality issues raised by service users or their relatives/carers and action as required.</td>
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<tr>
<td><strong>Indicator L2</strong></td>
<td>There are management and governance systems in place that drive quality improvement.</td>
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<td><strong>Examples of Evidence</strong></td>
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<tr>
<td>- Adverse incidents and near misses are identified, analysed and learning implemented.</td>
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<td>- The outcomes of medicine audits are reviewed and are followed up to ensure learning is embedded into practice.</td>
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<tr>
<td><strong>Indicator L3</strong></td>
<td>There is a clear organisational structure and all staff are aware of their roles, responsibility and accountability within the overall structure.</td>
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<td><strong>Examples of Evidence</strong></td>
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<tr>
<td>- Staff know their roles and responsibilities with respect to the management of medicines.</td>
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<tr>
<td><strong>Indicator L4</strong></td>
<td>The registered person/s operates the service in accordance with the regulatory framework.</td>
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<td><strong>Examples of Evidence</strong></td>
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<tr>
<td>- The registered person/s respond to regulatory matters (e.g. notifications, reports/QIPs, enforcement).</td>
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Indicator L5
There are effective working relationships with internal and external stakeholders.

Examples of Evidence
- Staff are able to raise any medicines related issues with management
- Management are advised of and address any concerns in relation to the management of medicines
Inspection Reports

Our inspection reports will reflect the findings from the inspection. Where it is appropriate, a Quality Improvement Plan (QIP) will detail those areas identified for improvement to ensure the service is compliant with the relevant regulations and standards. Where no areas are identified for improvement against the regulations/standards at the inspection, this will be reflected in the report.

It should be noted that inspection reports should not be regarded as a comprehensive review of all strengths and areas for improvement that exist in a service. The findings reported on are those which came to the attention of RQIA during the course of the inspection. The findings contained within inspection reports do not exempt the service provider from their responsibility for maintaining compliance with legislation, standards and best practice.

Once the inspection report is finalised and agreed as factually accurate, it will be made public on RQIA’s website.