

Inspection Report

4 June 2024



The Grouse Care Home

Type of Service: Nursing Home
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Assurance, Challenge and Improvement in Health and Social Care

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1.0 Service information

Organisation/Registered Provider: Ann's Care Homes Limited Responsible Individual: Mrs Charmaine Hamilton	Registered Manager: Mr Paul Gildernew Date registered: 12 August 2020
Person in charge at the time of inspection: Mr Paul Gildernew	Number of registered places: 14
Categories of care: Nursing Home (NH) MP – Mental disorder excluding learning disability or dementia MP(E) - Mental disorder excluding learning disability or dementia – over 65 years PH – Physical disability other than sensory impairment PH(E) - Physical disability other than sensory impairment – over 65 years.	Number of patients accommodated in the nursing home on the day of this inspection: There were no patients accommodated within the Redlion Unit.
Brief description of the accommodation/how the service operates: This home is a registered nursing home which provides nursing care for up to 14 patients. Patients have access to communal dining and lounge areas. Communal rooms and bedrooms are located over a single floor within the Annahugh Unit. The Redlion Unit has been built to accommodate a further 14 patients when registered. Communal rooms and bedrooms are located over a single floor within the Redlion Unit. Patients have access to a garden area.	

2.0 Inspection summary

An announced combined estates & care inspection took place on 4 June 2024 from 10:00am to 12.30pm in connection with the variation application reference number VA012290. See sections 4.2 and 4.3 respectively.

The inspection focused solely on the newly built Redlion Unit associated with the variation application to accommodate an additional 14 patients to the 14 already registered places within the Annahugh Unit of The Grouse Care Home.

The maximum number of registered patients will increase from 14 to 28 as a result of this proposed variation application. The categories of care for patients to be admitted remain the same as the Annaghugh Unit.

3.0 How we inspect

RQIA's inspections form part of our ongoing assessment of the quality of services. Our reports reflect how they were performing at the time of our inspection, highlighting both good practice and any areas for improvement.

It is the responsibility of the service provider to ensure compliance with legislation, standards and best practice, and to address any deficits identified during our inspections.

4.0 The inspection findings

4.1 What has this service done to meet any areas for improvement identified at or since last inspection?

There were no areas for improvement identified at the most recent care inspection dated 7 December 2023.

4.2 Estates Inspector findings

Is the newly adapted section of the home compliant with the Department of Health's (DoH) Nursing Care Homes Minimum Standards and with other relevant legislative requirements and Approved Codes of Practice (ACOPs)?

The new building works were completed on the existing Grouse Nursing Home site, the new fourteen bed Redlion Unit is a detached building with its own external activity space. Communal day space/dining, washing and associated services are provided within the accommodation. All bedroom sizes exceeded the 12 sq m minimum standard requirement and the interior building fabric was completed to a good standard.

The required pre-registration documents were assessed, approved and recorded prior to the inspection. Documents submission included statutory approvals, proposed floor plans, fire risk assessment and water safety/legionella risk assessment.

The accommodation as specified in this variation application was inspected and found to be compliant with current DoH minimum standards.

The fire risk assessment and legionella risk assessment documents had been reviewed and action plan recommendations implemented.

From an estates inspector's perspective this variation application has complied with the estates registration requirements listed in the current care standards and therefore this application may be processed to completion.

No areas for improvement were identified.

4.3 Care Inspector findings.

The recruitment of staff to work in the unit had commenced. An initial staffing complement has been decided, however, the manager confirmed that the staffing arrangements would be subject to change depending on the dependency levels of patients admitted to the home. Admissions have been planned on a stepped approach with no more than two patients admitted within the first week. The staff working in the unit will be a mix of already established staff and new staff. Newly employed staff would receive a full induction.

There were systems in place to ensure that staff would be trained and supported to do their job and to deliver effective care. Mental Health training has been planned to be delivered face to face and online.

The Redlion Unit was self-sufficient with its own bedrooms, lounges, occupational therapy (OT)/activities room, dining room, kitchen, laundry, sluice, treatment room, nurses station and staffing facilities.

The new bedrooms were clean, spacious, well decorated, suitably furnished, and had ample natural light. The fixtures, fittings, and furnishings within the bedrooms were compliant with the Care Standards for Nursing Homes (2022). All bedrooms were en-suite. There was access to private outdoor space leading from some bedrooms along one side of the unit. All rooms in the home, accessible to patients, had a nurse call point.

The new communal spaces were clean, well lit and inviting for patients to relax in. They had been decorated to a high standard and suitably furnished throughout.

There was a large bathroom with ample space to provide assisted care. A toilet and a hairdressing sink were also located within the bathroom. There were toilets for visitors and those who require disabled access. Additional bins had been purchased to manage the additional household and clinical waste from the home.

There was enough storage areas for equipment, linen, records and cleaning products. Rooms containing items which could be harmful to patients, such as cleaning chemicals, were locked.

Catering arrangements were in place. The main meals would be prepared in the Annaghugh Unit and transferred to the Redlion Unit in insulated containers. Temperatures of the food would be checked before and following the transfer to ensure that patients receive a warm meal. Smaller meals could be prepared in the kitchen within the Redlion Unit. Patients could prepare their own meal within the OT/activity room.

The management and governance systems already in place within the Annaghugh Unit, such as, the suite of audits completed to monitor the quality of the service provision, will be extended to the Redlion Unit. Existing policies and procedures will be incorporated into the day to day running of the Redlion Unit. The manager was well aware of the records to be maintained in a care home.

There was an identified smoking area external to the unit. The smoking area was fitted with a nurse call point should any of the patients require assistance when in this area.

Fire safety measures were in place. Corridors were clear of clutter and obstruction. Fire exits were easily accessible and clearly marked. Fire extinguishers were freely accessible. The manager confirmed plans for fire drills with staff.

In conclusion, from a care perspective RQIA were satisfied that the actions taken in relation to this variation are compliant with current DoH minimum standards and may be processed to completion.

No areas for improvement were identified.

5.0 Quality Improvement Plan/Areas for Improvement

This inspection resulted in no new areas for improvement being identified. Findings of the inspection were discussed with Mr Paul Gildernew, Registered Manager, as part of the inspection process and can be found in the main body of the report.



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