



# **Unannounced Follow Up Medicines Management Inspection Report 2 May 2019**



## **Belmont**

**Type of Service: Nursing Home**  
**Address: Parklands Close, 81 Tillysburn Park,**  
**Belfast BT4 2PD**  
**Tel No: 028 9076 3408**  
**Inspector: Helen Daly**

[www.rqia.org.uk](http://www.rqia.org.uk)

---

Assurance, Challenge and Improvement in Health and Social Care



It should be noted that this inspection report should not be regarded as a comprehensive review of all strengths and areas for improvement that exist in the service. The findings reported on are those which came to the attention of RQIA during the course of this inspection. The findings contained within this report do not exempt the service provider from their responsibility for maintaining compliance with legislation, standards and best practice.

## 1.0 What we look for



## 2.0 Profile of service

This is a nursing home which provides care for up to 48 patients with a range of care needs as detailed in Section 3.0.



### 3.0 Service details

<b>Organisation/Registered Provider:</b> Four Seasons Health Care  <b>Responsible Individual:</b> Dr Maureen Claire Royston	<b>Registered Manager:</b> See box below
<b>Person in charge at the time of inspection:</b> Mrs Aleyamma George	<b>Date manager registered:</b> Mrs Aleyamma George – application received 11 January 2019 – registration pending
<b>Categories of care:</b> Nursing Home (NH): I – old age not falling within any other category PH – physical disability other than sensory impairment PH(E) - physical disability other than sensory impairment – over 65 years TI – terminally ill	<b>Number of registered places:</b> 48

### 4.0 Inspection summary

An unannounced follow up inspection took place on 2 May 2019 from 11.00 to 12.05.

This inspection was underpinned by The Health and Personal Social Services (Quality, Improvement and Regulation) (Northern Ireland) Order 2003, The Nursing Homes Regulations (Northern Ireland) 2005 and the Department of Health, Social Services and Public Safety (DHSSPS) Care Standards for Nursing Homes, April 2015.

The inspection sought to assess progress with issues raised during the previous medicines management inspection which took place on 24 January 2019.

The following areas were examined during the inspection:

- the management of thickening agents
- the management of medicines which are prescribed “when required” for the management of distressed reactions

It was evidenced that the areas identified for improvement had been addressed effectively. The improvements which had been implemented were acknowledged. These must be sustained in order to ensure that staff continue to deliver safe and effective care.



#### 4.1 Inspection outcome

	Regulations	Standards
Total number of areas for improvement	0	0

This inspection resulted in no areas for improvement being identified. Findings of the inspection were discussed with Mrs Aleyamma George, Manager, as part of the inspection process and can be found in the main body of the report.

Enforcement action did not result from the findings of this inspection.

#### 4.2 Action/enforcement taken following the most recent medicines management inspection

The most recent inspection of the home was an unannounced medicines management inspection undertaken on 24 January 2019. Other than those actions detailed in the QIP no further actions were required to be taken. Enforcement action did not result from the findings of this inspection.

#### 5.0 How we inspect

Prior to the inspection a range of information relevant to the service was reviewed. This included the following:

- recent inspection reports and returned QIPs
- recent correspondence with the home
- the management of medication related incidents

During the inspection the inspector met with one relative, the activity therapist, one care assistant, two registered nurses and the manager.

A sample of the following records was examined during the inspection:

- personal medication records
- medicine administration records
- care plans

Areas for improvements identified at the last medicines management inspection were reviewed and assessment of compliance recorded as met, partially met, or not met.

The findings of the inspection were provided to the manager at the conclusion of the inspection.



## 6.0 The inspection

### 6.1 Review of areas for improvement from the last medicines management inspection dated 24 January 2019

Areas for improvement from the last medicines management inspection		
Action required to ensure compliance with The Nursing Homes Regulations (Northern Ireland) 2005		Validation of compliance
<b>Area for improvement 1</b>  <b>Ref:</b> Regulation 13 (4)  <b>Stated:</b> Second time	The registered person should review and revise the management of thickening agents.	<b>Met</b>
	<b>Action taken as confirmed during the inspection:</b> The management of thickening agents was reviewed for five patients.  Up to date care plans and speech and language recommendations were in place.  Records of prescribing and administration which included the recommended consistency level were being maintained.	
Action required to ensure compliance with the Department of Health, Social Services and Public Safety (DHSSPS) Care Standards for Nursing Homes, April 2015		Validation of compliance
<b>Area for improvement 1</b>  <b>Ref:</b> Standard 18  <b>Stated:</b> First time	The registered person shall ensure that the reason for and outcome of administration of medicines which are prescribed "when required" for the management of distressed reactions are recorded.	<b>Met</b>
	<b>Action taken as confirmed during the inspection:</b> The management of medicines which are prescribed "when required" for the management of distressed reactions was reviewed for four patients. Detailed care plans were in place. The reason for and outcome of each administration was being recorded.	



## 6.2 Inspection findings

See Section 6.1.

### Areas for improvement

No areas for improvement were identified during the inspection.

	Regulations	Standards
Total number of areas for improvement	0	0

## 7.0 Quality improvement plan

There were no areas for improvement identified during this inspection, and a QIP is not required or included, as part of this inspection report.





The Regulation and Quality Improvement Authority  
9th Floor  
Riverside Tower  
5 Lanyon Place  
BELFAST  
BT1 3BT

**Tel** 028 9536 1111  
**Email** [info@rqia.org.uk](mailto:info@rqia.org.uk)  
**Web** [www.rqia.org.uk](http://www.rqia.org.uk)  
 [@RQIANews](https://twitter.com/RQIANews)

Assurance, Challenge and Improvement in Health and Social Care