

Announced Care Inspection Report 18 February 2019











Parkview House

Domiciliary Care Agency Parkview Road, Castlederg, BT817XH

Tel No: 02881679192

Inspector: Joanne Faulkner

Observer: Jessica Fields, Administrative officer

www.rqia.org.uk

It should be noted that this inspection report should not be regarded as a comprehensive review of all strengths and areas for improvement that exist in the service. The findings reported on are those which came to the attention of RQIA during the course of this inspection. The findings contained within this report do not exempt the service from their responsibility for maintaining compliance with legislation, standards and best practice.

1.0 What we look for



2.0 Profile of service

Parkview House is a supported living type domiciliary care agency, situated in Castlederg. The agency offers domiciliary care and housing support to three service users who live in individual flats with en-suite bathroom facilities.

The agency's aim is to provide care and support to service users; this includes helping service users with tasks of everyday living, emotional support and assistance to access community services, with the overall goal of promoting independence and maximising quality of life. Staff are available to support tenants 24 hours per day and each service user has an identified 'key worker.'

3.0 Service details

Organisation/Registered Provider: Apex Housing Association Responsible Individual: Sheena McCallion	Registered Manager: Marion Davina McAllister
Person in charge at the time of inspection: Senior Support Worker	Date manager registered: 30/03/2009

4.0 Inspection summary

An announced inspection took place on 18 February 2019 from 10.30 to 14.00.

This inspection was underpinned by the Domiciliary Care Agencies Regulations (Northern Ireland) 2007 and the Domiciliary Care Agencies Minimum Standards, 2011.

The inspection determined if the agency was delivering safe, effective and compassionate care and if the service was well led.

Evidence of good practice was found in relation to:

- Communication with service users and other relevant stakeholders
- Staff induction, training, supervision and appraisal
- Quality monitoring systems
- Provision of care in an individualised and compassionate manner
- Service user engagement and involvement

This was supported through review of records at inspection and from feedback received from a service user and staff during the inspection.

The comments of one service user has been included in the relevant report sections.

No areas for improvement were identified during the inspection.

The findings of this report will provide the agency with the necessary information to assist them to fulfil their responsibilities, enhance practice and service users' experience.

The inspector would like to thank the person in charge, service users and staff for their welcome, support and full co-operation throughout the inspection process.

4.1 Inspection outcome

	Regulations	Standards
Total number of areas for improvement	0	0

This inspection resulted in no areas for improvement being identified. Findings of the inspection were discussed with the senior support worker and Davina McAllister, registered manager, as part of the inspection process and can be found in the main body of the report.

Enforcement action did not result from the findings of this inspection.

4.2 Action/enforcement taken following the most recent care inspection dated 19 June 2017

No further actions were required to be taken following the most recent inspection on 19 June 2017.

5.0 How we inspect

Prior to the inspection a range of information relevant to the agency was reviewed. This included the following records:

- previous RQIA inspection report
- records of notifiable events
- any correspondence received by RQIA since the previous inspection

Specific methods/processes used in this inspection include the following:

- discussion with the registered manager and the senior support worker
- examination of records
- consultation with one service user and staff
- evaluation and feedback

During the inspection the inspector met with the registered manager, the person in charge, one service user and a staff member.

The following records were viewed during the inspection:

- Service users' care records
- Monthly quality monitoring reports
- Minutes of service user meetings
- Staff meeting minutes
- Staff induction records
- Staff training records
- Records relating to staff supervision
- Complaints records
- Incident records
- Records relating to adult protection
- Staff rota information
- Statement of Purpose
- Service User Guide

Questionnaires were provided during the inspection for completion by service users and /or relatives; three questionnaires were returned to RQIA; no responses were received prior to the issuing of this report.

At the request of the inspector, the person in charge was asked to display a poster within the agency's office. The poster invited staff to provide feedback to RQIA via an electronic means regarding the quality of service provision; one response was received prior to the issuing of this report, however the respondent did not indicate there level of satisfaction relating to whether care provided was safe, effective and compassionate and that the agency was well led.

The inspector requested that the person in charge display a 'Have we missed you card' to provide relatives and visitors the opportunity to contact RQIA with their views; no responses were received.

In addition feedback received by the inspector during the course of the inspection is reflected throughout this report.

The findings of the inspection were provided to the person in charge at the conclusion of the inspection.

6.0 The inspection

6.1 Review of areas for improvement from the most recent inspection dated 19 June 2017

The most recent inspection of the agency was an unannounced care inspection.

6.2 Review of areas for improvement from the last care inspection dated 19 June 2017

There were no areas for improvement made as a result of the last care inspection.

6.3 Inspection findings

6.4 Is care safe?

Avoiding and preventing harm to service users from the care, treatment and support that is intended to help them.

The agency's systems in place to avoid and prevent harm to service users; it included a review of staffing arrangements within the agency were reviewed.

It was noted that the agency's recruitment policy outlines the process for ensuring that required staff pre-employment checks are completed prior to commencement of employment.

The agency's staff recruitment process is co-ordinated in conjunction with the organisation's Human Resources (HR) department. The person in charge stated that new staff are not supplied until all required pre-employment checks and induction have been satisfactorily completed.

The organisation is currently developing a process for ensuring that a statement by the registered provider or the registered manager indicating that domiciliary care workers supplied are physically and mentally fit for the purposes of the work which they are to perform as outlined in Regulation 13.(d) Schedule 3, is in place.

It was noted that the agency's induction programme is in excess of the three day timescale as required within the domiciliary care agencies regulations. It was identified that new staff employed by the agency are required to attend induction training one day per week for a number of weeks. In addition staff are required to complete an induction competency workbook and a number of shifts shadowing other staff employed by the agency at the commencement of employment.

Staff are required to complete the agency's induction workbook based on the Northern Ireland Social Care Council's (NISCC) standards within the initial six months of employment. It was noted that during the probationary period, staff are required to participate in a review of their induction. Staff induction records viewed by the inspector were noted to include details of the information and training provided to staff during their induction period.

Staff are provided with a job description at the commencement of employment. Observations made and discussions with staff and a service user indicated that they had the appropriate knowledge, experience and skills to fulfil the requirements of their job roles.

Discussions with staff and one service user demonstrated that the agency endeavours to ensure that there is at all times the required number of experienced persons available to meet the assessed needs of individual service users. The inspector identified that a number of staff provided at short notice had been accessed from another registered domiciliary care agency; the agency retains staff profiles for these individuals. It was good to note that only a small number of agency staff are supplied to provide continuity.

The inspector viewed the agency's staff rota information and noted it reflected staffing levels as described by the person in charge; the rota clearly details staff on duty. The agency retains an alphabetical index of staff. Staff who spoke to the inspector indicated that they felt there were sufficient staff to meet the assessed needs of the service users.

The agency has a process for retaining details of the registration status and expiry dates of staff required to be registered with the NISCC or other regulatory body. The person in charge stated that the information is reviewed monthly in conjunction with the organisation's training officer and that staff are not be supplied for work if they are not appropriately registered. Records viewed during the inspection indicated that all staff were registered appropriately; staff stated that they are reminded by the agency when their registration is required to be renewed.

The agency's supervision and appraisal policies outline the timescales and procedures to be followed. The agency retains a record of staff supervision and appraisal.

Records viewed relating to three staff provided evidence that they had received supervision and appraisal in accordance with the agency's policies. Staff could describe the supervision process and indicated that they are involved in developing individual development plans on an annual basis. Staff supervision and appraisal information viewed were noted to be retained in a well organised and secure manner.

Staff employed by the agency are required to complete mandatory training in a range of areas and in addition training specific to the individual needs of service users. It was noted that the agency has an E-Learning programme and that staff are required to complete training relating to an identified area each month.

Staff could describe the process for identifying training needs in conjunction with the organisation's training officer and their responsibility for ensuring that training updates are completed. Staff stated that their training had equipped them with the appropriate knowledge and skills for their role.

The agency has a system for recording staff training; it was identified that the process had recently been reviewed and updated to ensure that information was accurate and reflective of the training completed by staff. Records viewed indicated that staff had completed required training updates as required.

The inspector reviewed the agency's provision for the welfare, care and protection of service users. The organisation's policy and procedures reflect information contained within the Department of Health's (DOH) regional policy 'Adult Safeguarding Prevention and Protection in Partnership' July 2015, and outline the procedures for staff in reporting concerns.

The agency has identified an Adult Safeguarding Champion (ASC) and a number of deputy ASC's; the policy outlines their roles and key areas of responsibility which was noted to include the completion of an annual report relating to adult safeguarding. It was positive to note that the ASC produces a quarterly newsletter for staff relating to adult safeguarding matters; this is to be commended.

Discussions with staff indicated that they were knowledgeable in matters relating to adult safeguarding measures, the role of the ASC and the process for reporting adult protection concerns. It was identified that staff are required to complete adult safeguarding training during their induction programme and in addition an annual update. Training records viewed by the inspector indicated that staff had received training in relation to adult safeguarding.

The service user who spoke to the inspector could describe the process for raising concerns in relation to their safety or the care they received.

The inspector viewed the agency's records maintained in relation to safeguarding adults. Discussions with the person in charge and records viewed indicated that the agency has a process for maintaining a record of referrals made to the Health and Social Care Trust (HSCT) safeguarding team and other relevant stakeholders relating to alleged or actual incidences of abuse.

Records viewed and discussions with the person in charge indicated that referrals made had been managed in accordance with the agency's policies and procedures. It was noted that referrals made are audited as part of the agency's quality monitoring process.

The inspector reviewed the agency's arrangements for identifying, managing and where possible eliminating risk to service users health, welfare and safety. The inspector viewed risk assessments in place relating to individual service users. Service users are supported to participate in an annual review involving their HSCT keyworker and of their individual care and support plans. Discussion with staff and a service user indicated that there were no practices deemed to be restrictive; the agency completes restrictive practice risk assessments for each service user.

The agency's office accommodation is located within the same building as the homes of the service users and accessed from a shared entrance. The office is suitable for the operation of the agency as described in the Statement of Purpose; it was noted that the office is lockable, records were stored securely and that computers were password protected.

Comments received during inspection process

Staff comments

- "I like working here; I am very happy."
- "I have no concerns."
- "I get supervision and appraisal; I feel supported."

Areas of good practice

There were examples of good practice identified throughout the inspection in relation to staff induction, training, supervision, appraisal and adult protection processes.

Areas for improvement

No areas for improvement were identified during the inspection.

	Regulations	Standards
Total number of areas for improvement	0	0

6.5 Is care effective?

The right care, at the right time in the right place with the best outcome.

The inspector reviewed that agency's arrangements for appropriately responding to, assessing and meeting the needs of service users. Details of the nature and range of services provided are outlined within the Statement of Purpose and Service User Guide.

The agency's data protection policy outlines the procedures for the effective creation, storage, retention and disposal of records. Records viewed during the inspection were noted to be retained in an organised and secured manner. It was identified that staff had received training in relation to record keeping during their induction programme and had recently completed an E-Learning module relating to GDPR.

Staff described how they support service users to be effectively involved in the completion of their risk assessments, the development of their care plans and in making choices relating to their everyday activities.

During the inspection the inspector viewed a number of service user care records; it was noted that care plans were comprehensive; staff record daily the care and support provided.

There are arrangements in place to monitor, audit and review the effectiveness and quality of care delivered to service users. The organisation has a process for completing bi-monthly quality monitoring visits; it was noted that additional processes are in place to ensure that relevant information is collated and audited on a monthly basis by the manager and forwarded to a senior manager within the organization for review.

The inspector viewed the agency's quality monitoring reports and records of the audits completed by a senior managers within a range of the agency's departments. Records viewed indicated that the process is effective. The records were noted to include comments made by service users, and where appropriate their representatives. They included details of the review of the previous action plan, review of accidents, incidents and safeguarding referrals; staffing arrangements, care records, the environment, complaints and financial management arrangements.

Comments recorded on quality monitoring reports

Service users' comments

• "I am very content here."

The inspector reviewed the agency's systems to promote effective communication between service users, staff and relevant stakeholders. Discussions with a service user, and staff, and observations of staff interaction with service users during the inspection indicated that staff communicate appropriately with service users. Staff could describe the processes used to develop and maintain effective working relationships with HSCT representatives and other relevant stakeholders.

It was identified that the agency facilitates quarterly service user and staff meetings; staff stated that service users are encouraged to attend and to express their views and opinions on a range of matters during the meetings. A range of standard items are discussed at all meetings, they include adult protection, complaints and health and safety. Minutes of service users meetings viewed indicated that service users had been provided with additional information in relation the human rights and personal safety.

Comments received during inspection process

Service users' comments

"I am generally satisfied."

Staff comments

- "I go out with the service users."
- "We support service users to go out, up the town."

RQIA ID: 10857 Inspection ID: IN032739

"We help service users with personal care and meals."

Areas of good practice

There were examples of good practice identified throughout the inspection in relation to the agency's auditing arrangements and engagement with service users and where appropriate relevant stakeholders.

Areas for improvement

No areas for improvement were identified during the inspection.

	Regulations	Standards
Total number of areas for improvement	0	0

6.6 Is care compassionate?

Service users are treated with dignity and respect and should be fully involved in decisions affecting their treatment, care and support.

The inspector sought to assess the agency's ability to treat service users with dignity, respect, equality and compassion and to effectively engage service users in decisions relating to their care and support.

It was identified that staff had received training in relation to human rights, equality and confidentiality during their induction programme; and had recently been required to complete training relating to GDPR. Service users have been provided with information relating to human rights and personal safety. Care records viewed included information relating to the life histories of service users and details of their individual needs, choices and preferences.

Observations made and discussions with a service user and staff during the inspection provided evidence that the promotion of values such as dignity, respect, equality and choice were embedded in the ethos of the organisation and in the delivery of care and support.

Staff described the processes used for endeavouring to provide care and support in a person centred manner; and the methods used for effectively supporting service users in making decisions relating to the care received. Service users indicated that staff support them to be involved in decisions relating to their care, support and daily activities.

The inspector discussed arrangements in place relating to the equality of opportunity for service users and the need for staff to be aware of equality legislation whilst also recognising and responding to the diverse needs of service users in a safe and effective manner. Staff could describe how their development and training equips them to engage with a diverse range of service users.

The agency's Statement of Purpose and Service User Guide contain information relating to equality and diversity.

RQIA ID: 10857 Inspection ID: IN032739

Discussions with the service user, staff and the person in charge provided evidence that supports tenants' equal opportunities, regardless of their abilities, their background, choices or their lifestyle. Some of the areas of equality awareness identified during the inspection include:

- effective communication
- service user involvement
- individualised person centred care
- individualised risk assessment

Records viewed and discussions with staff indicated that the agency has effective systems in place to obtain and record comments made by service users and where appropriate their representatives. Records of service user meetings and reports of quality monitoring visits indicated that the agency has systems for regularly engaging with service users and where appropriate relevant stakeholders.

Processes for engaging with and responding to the comments of service users and their representatives are maintained through the agency's complaints/compliments process, quality monitoring visits, service user surveys, family meetings, care review meetings and quarterly service user meetings. The inspector noted that the agency's quality monitoring process assists in the evaluation of the quality of the service provided and in identifying areas for improvement.

Comments received during inspection process.

Service users' comments

"I have great praise for the manager."

Staff comments

- "We have time to chat to the service users."
- "Service users are well cared for; they can do what they want."
- "I feel supported; I can speak to the manager at any time."

Areas of good practice

There were examples of good practice identified throughout the inspection in relation to the provision of person centred, compassionate care and effective engagement with service users and other relevant stakeholders with the aim of promoting the safety of service users and improving the quality of the service provided.

Areas for improvement

No areas for improvement were identified during the inspection.

	Regulations	Standards
Total number of areas for improvement	0	0

6.7 Is the service well led?

Effective leadership, management and governance which creates a culture focused on the needs and experience of service users in order to deliver safe, effective and compassionate care.

The inspector reviewed management and governance systems in place within the agency to meet the assessed needs of service users. The agency is managed on a day to day basis by the manager supported by a team of support workers. Staff who spoke to the inspector could describe the process for obtaining support and guidance at any time including out of hour arrangements.

The agency has a range of policies and procedures noted to be in accordance with those outlined within the minimum standards; it was identified that the policies are retained electronically and in a paper format retained within the agency office. A number of the organisation's policies viewed were noted to have been reviewed and updated in accordance with timescales detailed within the minimum standards.

The agency's complaints policy outlines the procedure for managing complaints; discussions with the person in charge and staff indicated that they have a good understanding of the actions to be taken in the event of a complaint being received. Staff receive training in relation to complaints handling during their induction programme; a service user could describe the process for raising concerns.

The agency maintains a record of complaints received; records viewed and discussions with the person in charge indicated that no complaints have been received since the previous inspection. It was noted that complaints are audited on a monthly basis as part of the quality monitoring process.

The inspector noted that the agency has systems for auditing and reviewing information with the aim of improving safety and enhancing the quality of life for service users. Records viewed and discussions with the manager and the person in charge indicated that the agency's governance arrangements promote the identification and management of risk. Systems include the provision of relevant policies and procedures, and monthly auditing of staffing arrangements, complaints, accidents, safeguarding incidents and incidents notifiable to RQIA. Throughout the inspection the inspector viewed evidence of effective collaborative working with relevant stakeholders.

Records viewed and discussions with the person in charge indicated that the agency has in place management and governance systems to monitor and improve the quality of the service; these include processes for monitoring staffing arrangements, incidents, accidents and complaints. The inspector viewed evidence which indicated appropriate staff recruitment, induction, training, supervision and appraisal. .

The agency has a robust process for recording and monitoring incidents including those reportable to RQIA; records viewed were noted to be comprehensive and clearly record actions taken and outcomes. Incidents are monitored on a monthly basis.

The organisational and management structure of the agency is outlined in the Statement of Purpose. Staff demonstrated that they had a good understanding of the responsibilities of their

roles; it was noted that staff had been provided with a job description at the commencement of employment. Staff stated that the manager and senior staff are approachable and supportive; they could describe the procedure for obtaining support and guidance.

The service user indicated that they knew who to talk to if they had a concern; it was noted that service users are reminded at service user meetings of the process for raising concerns.

The registered person has worked effectively with RQIA to operate and lead the organisation in maintaining compliance with Regulations and Minimum Standards.

On the date of inspection the certificate of registration was on display and reflective of the service provided.

Comments received during inspection.

Staff comments

"I can raise concerns; I am listened to."

Areas of good practice

There were examples of good practice identified throughout the inspection in relation to the agency's governance arrangements including the quality monitoring process and the management of complaints and incidents.

Areas for improvement

No areas for improvement were identified during the inspection.

	Regulations	Standards
Total number of areas for improvement	0	0

7.0 Quality improvement plan

There were no areas for improvement identified during this inspection, and a QIP is not required or included, as part of this inspection report.





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