



The **Regulation** and
Quality Improvement
Authority

PRIMARY INSPECTION

Name of Establishment: Trust Homecare
Establishment ID No: 10937
Date of Inspection: 5 November 2014
Inspector's Name: Maire Marley
Inspection No: IN020271

The Regulation And Quality Improvement Authority
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General Information

Name of agency:	Trust Homecare
Address:	Drumalane House Drumalane Road Newry BT35 8AP
Telephone Number:	02830825000
E mail Address:	@southerntrust.hscni.net
Registered Organisation / Registered Provider:	Southern HSC Trust / Mrs Anne Mairead McAlinden
Registered Manager:	Mrs Valerie Magowan
Person in Charge of the agency at the time of inspection:	Mrs Valerie Magowan
Number of service users:	585
Date and type of previous inspection:	1 November 2013, Primary Announced
Date and time of inspection:	5 November 2014 1.30pm-6.15pm
Name of inspector:	Maire Marley

Introduction

The Regulation and Quality Improvement Authority (RQIA) is empowered under The Health and Personal Social Services (Quality, Improvement and Regulation) (Northern Ireland) Order 2003 to inspect domiciliary care agencies. A minimum of one inspection per year is required.

This is a report of a primary unannounced inspection to assess the quality of services being provided. The report details the extent to which the regulations and standards measured during the inspection were met.

Purpose of the Inspection

The purpose of this inspection was to consider whether the service provided to service users was in accordance with their assessed needs and preferences and was in compliance with legislative requirements, minimum standards and other good practice indicators. This was achieved through a process of analysis and evaluation of available evidence.

RQIA not only seeks to ensure that compliance with regulations and standards is met but also aims to use inspection to support providers in improving the quality of services. For this reason, inspection involves in-depth examination of an identified number of aspects of service provision.

The aims of the inspection were to examine the policies, procedures, practices and monitoring arrangements for the provision of domiciliary care, and to determine the provider's compliance with the following:

- The HPSS (Quality, Improvement and Regulation) (Northern Ireland) Order 2003
- The Domiciliary Care Agencies Regulations (Northern Ireland) 2007
- The Department of Health, Social Services and Public Safety's (DHSSPS) Domiciliary Care Agencies Minimum Standards (2008)

Other published standards which guide best practice may also be referenced during the inspection process.

Methods/Process

Committed to a culture of learning, RQIA has developed an approach which uses self-assessment, a critical tool for learning, as a method for preliminary assessment of achievement of the Minimum Standards.

The inspection process has three key parts; self-assessment, pre-inspection analysis and the visit undertaken by the inspector.

Specific methods/processes used in this inspection include the following:

- Analysis of pre-inspection information
- Discussion with the registered manager
- Examination of records
- Consultation with stakeholders
- File audit
- Evaluation and feedback

Any other information received by RQIA about this registered provider and its service delivery has also been considered by the inspector in preparing for this inspection.

Consultation Process

During the course of the inspection, the inspector spoke to the following:

Service users	7
Staff	6
Relatives	6
Other Professionals	0

Questionnaires were provided, prior to the inspection, to staff to find out their views regarding the service. Matters raised from the questionnaires were addressed by the inspector in the course of this inspection.

Issued To	Number issued	Number returned
Staff	40	0 returned within the timescales.

Inspection Focus

The inspection sought to assess progress with the issues raised during and since the previous inspection and to establish the level of compliance achieved with respect to the following three quality themes.

- **Theme 1**
Standard 8 – Management and control of operations
Management systems and arrangements are in place that support and promote the delivery of quality care services.
- **Theme 2**
Regulation 21 (1) - Records management
- **Theme 3**
Regulation –13 Recruitment

The registered provider and the inspector have rated the service's compliance level against each criterion and also against each standard.

The table below sets out the definitions that RQIA has used to categorise the service's performance:

Guidance - Compliance statements		
Compliance statement	Definition	Resulting Action in Inspection Report
0 - Not applicable		A reason must be clearly stated in the assessment contained within the inspection report.
1 - Unlikely to become compliant		A reason must be clearly stated in the assessment contained within the inspection report.
2 - Not compliant	Compliance could not be demonstrated by the date of the inspection.	In most situations this will result in a requirement or recommendation being made within the inspection report.
3 - Moving towards compliance	Compliance could not be demonstrated by the date of the inspection. However, the service could demonstrate a convincing plan for full compliance by the end of the Inspection year.	In most situations this will result in a requirement or recommendation being made within the inspection report.
4 - Substantially Compliant	Arrangements for compliance were demonstrated during the inspection. However, appropriate systems for regular monitoring, review and revision are not yet in place.	In most situations this will result in a recommendation, or in some circumstances a requirement, being made within the inspection report.
5 - Compliant	Arrangements for compliance were demonstrated during the inspection. There are appropriate systems in place for regular monitoring, review and any necessary revisions to be undertaken.	In most situations this will result in an area of good practice being identified and comment being made within the inspection report.

Profile of Service

The agency is one of the Southern Health and Social Care Trust in-house domiciliary service providers. The agency provides services in the Newry and Mourne locality. Domiciliary care is provided to 585 service users by 267 staff. The service is commissioned from across the Trust's programmes of care. The services provided are personal and practical care; the agency also provides respite care which includes social outings and a sitting service. The agency state in their Statement of Purpose that: "The aim of the agency is to provide a range of services in a caring manner which promotes the independence and dignity of individuals, to enable them to maintain their individual home life for as long as required".

Summary of Inspection

This annual unannounced inspection for Trust Homecare Newry and Mourne locality was undertaken by Maire Marley on 5 November 2014 between the hours of 1.30pm and 6.15pm. The registered manager Mrs Valerie Magowan was well organised and was available for discussion and clarification throughout the inspection.

The requirement and three recommendations made during the agency's previous inspection on 1 November 2013 were examined. Observations and discussions with the registered manager demonstrated that the agency had responded positively to the requested improvements. This outcome is to be commended. Details of the action taken can be viewed in the section following this summary.

Home Visits summary

As part of the inspection process RQIA's User Consultation Officer (UCO) spoke with seven service users and six relatives between 30 October and 5 November 2014 to obtain their views of the service being provided by the Southern Health and Social Care Trust home care service in the Newry and Mourne vicinity. The service users interviewed have been using the agency for a period of time ranging from approximately five months to fourteen years, receive at least one call per day and are receiving the following assistance:

- Management of medication
- Personal care
- Meals

The UCO was advised that care is being provided by small, consistent teams; this was felt to be beneficial as it allows a relationship to develop between the service user, family and carers. It was good to note that service users or their representatives are usually advised of the name of, or are introduced to, new members of staff by a regular carer. All of the people interviewed confirmed that there were no concerns regarding the timekeeping of the agency's staff. There were mixed results regarding service users being contacted by the agency if their carer had been significantly delayed; this would be good practice to do so when possible.

It was good to note that all of the people interviewed had no concerns regarding the quality of care being provided by the staff from the Trust. Only one person had made a complaint, which had been addressed to their satisfaction. All of the people interviewed were aware of whom to contact should any issues arise. The majority of the people interviewed were unable to confirm that management from the agency visits to ensure their satisfaction with the service

or that observation of staff practice had taken place in their home. The registered manager confirmed that this is taking place on a regular basis and records of such are available for review in the office.

Examples of some of the comments made by service users or their relatives are listed below:

- “My XXX loves them; they’re a great bunch of girls.”
- “First class; no complaints.”
- “All call with a smile on their face.”
- The carers are so patient and tolerant when working with my XXX.”

Documentation is one of the themes being inspected during the 2014 / 15 inspection year; as part of the home visits the UCO reviewed the documentation kept in the home of seven service users. During the home visits, the UCO was advised that two service users experience restraint in the form of bed rails or lap bands; the use of such were documented in their care plans or risk assessments.

Review of the risk assessments and care plans advised that the service users are not receiving any financial assistance, for example shopping, from the agency; this was supported by those people interviewed by the UCO. Three service users are receiving assistance with medication by the carers from the Trust; however none of the medication logs were being completed consistently. The registered manager confirmed that this issue had already been identified and is being addressed.

All visits by carers are to be recorded on log sheets which are held in the service user’s home. On review of the log sheets, the UCO noted two issues, namely that some calls had not being recorded and variation in call times. No issues were identified in relation to the care plans or risk assessments. The above matters were discussed with the registered manager and are to be addressed accordingly.

Staff survey comments

40 staff surveys were issued. None of the questionnaires were returned within the timescales for inclusion in this report which is a disappointing response.

Theme one - Management and control of operations

Management systems and arrangements are in place that support and promote the delivery of quality care services.

The inspector agrees with the provider’s self- assessment and has assessed the agency as compliant in relation to this theme.

The agency’s ‘Quality Assurance’ policy and ‘Statement of Purpose’ dated January 2014 was viewed and contained details of the organisational structure, the qualifications and experience of senior staff and included the roles and responsibilities of each grade of senior staff.

Discussions with the registered manager and two supervisors during inspection and review of records for the registered manager and management staff supported a process in place for all

areas of mandatory training consistent with the RQIA mandatory training guidelines 2012. Additional areas of training and associated competency assessments requested were in place.

The competency process developed and implemented by the agency during 2013/14 was viewed and contained the associated competency assessments for care staff. Records viewed confirmed additional training was provided. There was evidence that appropriate appraisal processes are in place for the management team and care staff and there was evidence of supervision processes in place.

Monthly monitoring processes are currently in place and operational. The reports viewed on the day were detailed and found to be satisfactory.

Records regarding eighteen medication incidents were reviewed and found to have been appropriately recorded, managed and reported within RQIA timeframes.

The findings of this inspection indicate there are suitable management arrangements in place to support the delivery of the services provided.

Theme 2 - Records management

The inspector concurs with the provider's self- assessment and has assessed the agency as substantially compliant in this theme.

The SHSCT has a policy and procedure in place on 'Record Keeping' which were found to be satisfactory and in line with Standard 5 of the Domiciliary Care Minimum Standards. The policy contained guidance for staff on this subject. A copy of the document is contained in the Domiciliary Care Workers handbook.

A range of templates reviewed during inspection supported appropriate processes are in place for service user recording in the areas of general care and medication. Review of service user care files during inspection resulted in recommendations in regard to the development of assessments and care plans.

The registered manager reported that a nurse had been seconded by the Trust to undertake a review of service users who currently receive medication in their homes. This member of staff is invited to staff meetings to share learning with the team. This is commended.

The agency has a policy and procedure in place on use of restraint dated January 2014 which was reviewed as satisfactory.

The registered manager reported that the agency currently provides care to a number of service users that require some form of restraint. The care plans and risk assessments viewed during the UCO home visits in relation to this area were found to be detailed. The area of service user restraint was not reviewed during inspection but was discussed with the registered manager and staff team. The registered manager reported in the event of challenging behaviour incidents a Mova Specialised Advisor would be allocated and focus the training for the staff working with the service user.

The agency has a policy on 'Handling Service Users Monies'. There was evidence that the policy had been discussed at staff meetings. Management reported they are not handling any service user's monies at present and this was confirmed in discussion with the staff team.

Requested records were readily available and easy to reference and the manager was available for discussion and clarification throughout the inspection.

Theme 3 – Recruitment

The inspector agrees with the provider's self- assessment and has assessed the agency as compliant in relation to this theme.

Review of the agency policy, procedure and five recruitment records confirmed compliance with Regulation 13 and Schedule 3 of The Domiciliary Care Agencies Regulations (Northern Ireland) 2007 and Standards 8.21 and 11.2 of The Domiciliary Care Agencies Minimum Standards (2008.)

It is recommended that the Trust provides the registered manager with proof that the full recruitment process has been fully completed and the outcome is satisfactory.

Staff views

The inspector had the opportunity to meet with seven care staff members on the day of inspection to discuss their views regarding the service. Staff reported that appropriate line management support was in place and described the support as "excellent" "Couldn't ask for better". Discussion with the staff group during inspection supported that they have an appropriate knowledge in the area of recording. A staff member recruited within the past year described recruitment processes in line with the agency policy and procedure.

Discussions were held with two supervisors who demonstrated a good knowledge of the issues and challenges facing the team and were fully familiar with their roles and responsibilities. The supervisors competently answered queries about supervision and the training and development needs of the team. They confirmed they were in receipt of training relating to supervision and recruitment and were aware of their role in regard to the monitoring and auditing of records. No issues were identified on this occasion.

In conclusion six recommendations are made as a result of this inspection and were discussed with the registered manager. Details of the requested improvements along with timescales can be viewed in the QIP attached to this report.

The Inspector and UCO would like to express their appreciation to service users, relatives and staff for the help and co-operation afforded during the course of the inspection.

Follow-Up on Previous Issues

No.	Regulation Ref.	Requirements	Action Taken - As Confirmed During This Inspection	Number of Times Stated	Inspector's Validation of Compliance
1	Regulation 17	The registered manager is required to expand their staff handbook to include their updated 'safeguarding vulnerable adult's' procedure along with details of their current training opportunities.	A review of the staff hand-book found that the 'safeguarding vulnerable adult's' procedure along with details of the training programme had been updated and included in the hand-book.	Once	Compliant

No.	Minimum Standard Ref.	Recommendations	Action Taken - As Confirmed During This Inspection	Number of Times Stated	Inspector's Validation Of Compliance
1	Minimum Standard 14.1	The registered manager is recommended to expand their 'safeguarding vulnerable adult's' procedure to cross reference 'Safeguarding Vulnerable Adults A Shared Responsibility Standards and Guidance (2010)' and include a flowchart of key steps staff should follow within the process.	The information presented for inspection included the leaflet "See Something Say Something" and a flow chart detailed the procedures for Responding to Concerns in regard to Vulnerable Adults. Contact details for the Safeguarding Team and the Out of Hours Service were also included.	Once	Compliant
2	Minimum Standard 14.4	The registered manager is recommended to reassess staff competency regarding protection of vulnerable adults, at a date following actual training, to ensure continued staff understanding of their roles and responsibilities.	The registered manager provided evidence of the competency test completed for staff following the Protection of Vulnerable Adult Training.	Once	Compliant
3	Minimum Standard 9.5	The registered manager is recommended to review all policies and procedures as part of a 3 yearly process as detailed within Minimum Standard 9.5.	A random selection of policies were selected and found to be reviewed in January 2014.	Once	Compliant

THEME 1 Standard 8 – Management and control of operations Management systems and arrangements are in place that support and promote the delivery of quality care services.	
<p>Criteria Assessed 1: Registered Manager training and skills</p> <p>Regulation 10 (3) The registered manager shall undertake from time to time such training as is appropriate to ensure that he has the experience and skills necessary for managing the agency.</p> <p>Regulation 11 (1) The registered manager shall, having regard to the size of the agency, the statement of purpose and the number and needs of the service users, carry on or (as the case may be) manage the agency with sufficient care, competence and skill.</p> <p>Standard 8.17 The registered manager undertakes training to ensure they are up to date in all areas relevant to the management and provision of services, and records of such training are maintained as necessary for inspection (Standard 12.6). Ref: RQIA’s Guidance on Mandatory Training for Providers of Care in Regulated Services, September 2012</p>	
<p>Provider's Self-Assessment:</p>	
<p>10.3 Managers and staff attend Mandatory training as dicataed by the Organistion and training required by RQIA and NISCC. This can be evidenced by personal files and training database</p> <p>11.1 The Agency can evidence that it's statement of purpose reflects lines of accountability , management structure. It operates in accordance with legistive requirements and its staff are familiar with the Agencies Policies and Procedures. The NISSC code of practice for employers and staff are adhered to and canbe evidenced through personal files, supervision, team meetings and disciplinary records. The registered manager Valerie Magowasn who has been absent due to maternity leave and alternative arrangements were put in place and RQIA notified and can be evidenced by the Registered certifcate on display in the office.</p> <p>8.17 The registered managers are compliant with required training and this can be evidenced through personal files and training databases.</p>	<p>Compliant</p>

Inspection Findings:	
<p>The Statement of Purpose and the policy on Management and Control of the Agency dated 1 January 2014 were reviewed as compliant reflecting a clear structure regarding the management arrangements within the agency. The document included details of the registered persons, registered manager, together with the office managers, co-ordinators and care staff.</p> <p>Training records for the registered manager Mrs Valerie Magowan were in place. The registered manager has just returned from long term leave and mandatory training is either up to date or dates organised for refresher training. There was evidence that the registered manager has completed a range of training to ensure she remains up to date with developments and maintains skills and competency in the management of the agency. The registered manager has completed Level 5 in Management.</p> <p>Records examined confirmed that the registered manager is an Occupational Therapist and is registered with HPCC Health Professionals Care Council.</p>	<p>Compliant</p>

<p>Criteria Assessed 2: Registered Manager's competence</p> <p>Standard 8.10 Working practices are systematically audited to ensure they are consistent with the agency's documented policies and procedures and action is taken when necessary.</p> <p>Standard 7.13 Medication errors and incidents are reported, in accordance with procedures, to the appropriate authorities.</p> <p>Standard 12.9 The effect of training on practice and procedures is evaluated as part of quality improvement.</p> <p>Standard 13.5 Staff have recorded appraisal with their line manager to review their performance against their job description and agree personal development plans in accordance with the procedures.</p>	
<p>Provider's Self-Assessment:</p>	
<p>8.10 Supervision, manual handling , medicines, out of hours practices, staff survey and service users have all been audited and completed and can be evidenced at inspection. Follow up action can be evidenced through Newsletters, medication action plans, Quality Improvement Meeting minutes.</p> <p>7.13 The Agency can evidence that incidents and errors are reported on DATIX and same notified to RQIA in accordance with Trust and RQIA reporting procedures. Trust pharmacy Director is copied into all incidents.</p> <p>12.9 QCF level 2 award evaluates training on practice through practical assessments. Other competency based training includes medicines, manual handling. The Quality Improvement group meet quarterly to review training needs and improve practice</p> <p>13.5 All staff are subject to an annual appraisal wth their line manager which can evidenced in their personal files.</p>	<p>Compliant</p>

Inspection Findings:	
<p>The agency supervision and appraisal policy and procedure was examined and found to have been reviewed in October 2012. The document detailed the supervision process and covered social workers and social care staff and included staff working in senior management roles. A separate supervision policy standards and criteria dated May 2011 was in place for domiciliary care workers. In addition, the trust adopted and implemented the KSF framework.</p> <p>Appraisal for the registered manager currently takes place on an annual basis and was reviewed for 2013/2014. Evidence was provided that the registered manger was in receipt of appraisal on 30/9/14. Records examined confirmed arrangements are in place for regular supervision.</p> <p>The inspector reviewed the log of incidents reported by the agency to RQIA over the past year. Review of these incidents confirmed appropriate recording and reporting to RQIA within the timeframes.</p> <p>Monthly monitoring reports completed by the registered person were reviewed during inspection for the months of April 2014 until September 2014 and found to be detailed, concise and compliant. The inspector was satisfied that monitoring arrangements were in place to include the staff competency assessments in regard to medicines, protection of vulnerable adults, infection control and direct observations.</p> <p>The agency had completed their annual quality review for the year April 2013 until March 2014 which was viewed; this document included their evaluation of staff training completed to date and their proposed future training requirements.</p>	<p>Compliant</p>

<p>Criteria Assessed 3: Management staff training and skills (co-ordinators, senior carers etc)</p> <p>Regulation 13 (b) The registered person shall ensure that no domiciliary care worker is supplied by the agency unless he has the experience and skills necessary for the work he is to perform.</p> <p>Standard 7.9 When necessary, training in specific techniques (the administration of medication eg eye/ear drops or the application of prescribed creams/lotions) is provided for named care workers by a qualified healthcare professional.</p> <p>Standard 12.4 The training needs of individual staff for their roles and responsibilities are identified and arrangements are in place to meet them.</p> <p>Standard 13.1 Managers and supervisory staff are trained in supervision and performance appraisal.</p>	
<p>Provider's Self-Assessment:</p>	
<p>13.b The agency can evidence that no staff member has commenced without appropriate checks and has been given the skills to carry out required duties.</p> <p>7.9 No care workers administer eye / ear / creams/ lotions to a service user until they have been trained and deemed competent through the Agencies (MMSA) Medicaine Management Skills Assessment who is a qualified specialst nurse.</p> <p>12.4 The training needs of staff are identifed and met through supervision, appraisal, incidients, complaints , social service inhouse training unit annual training and development plan.</p> <p>13.1 Managers and superviosry staff are trained in supervision and appraisal and can be evidenced through personal files and training database. The Agency has a rolling programm for supervisory staff to undertake QCF level 5 supervison module</p>	<p>Compliant</p>

Inspection Findings:	
<p>The agency holds a training and development policy and procedure which sit alongside the training and development programme for mandatory training. Review of this policy was found to be in line with RQIA mandatory training guidelines 2012 and confirmed as compliant.</p> <p>Training records for the supervisors and care staff were found to be in place regarding all areas of mandatory training areas. The agency has a policy on 'Handling Service Users Monies'. There was evidence that the policy had been discussed at staff meetings and staff had received training in Fraud Awareness. Management reported they are not handling any service user's monies at present and this was confirmed in discussion with the staff team. The area of service user restraint was not reviewed during inspection but was discussed with the registered manager and staff team. The registered manager reported in the event of challenging behaviour incidents a Mova Specialised Advisor would be allocated and focus the training for the staff working with the service user.</p>	<p>Substantially compliant</p>

<p>Criteria Assessed 4: Management staff competence (co-ordinators, senior carers etc)</p> <p>Standard 8.10 Working practices are systematically audited to ensure they are consistent with the agency's documented policies and procedures and action is taken when necessary.</p> <p>Standard 7.13 Medication errors and incidents are reported, in accordance with procedures, to the appropriate authorities.</p> <p>Standard 12.9 The effect of training on practice and procedures is evaluated as part of quality improvement.</p> <p>Standard 13.5 Staff have recorded appraisal with their line manager to review their performance against their job description and agree personal development plans in accordance with the procedures.</p>	<p>COMPLIANCE LEVEL</p>
<p>Provider's Self-Assessment:</p>	
<p>8.10 Supervision, manual handling , medicines, out of hours practices, staff survey and service user have all been audited and completed and can be evidenced at inspection. Follow up action can be evidenced through Newsletters, medication action plans, Quality Improvement Meeting minutes.</p> <p>7.13 The Agency can evidence that incidents and errors are reported on DATIX and same notified to RQIA in accordance with Trust and RQIA reporting procedures. Trust pharmacy Director is copied into all incidents.</p> <p>12.9 QCF level 2 award evaluates training on practice through practical assessments. Other competency based training includes medicines, manual handling. The Quality Improvement group meet quarterly to review training needs and improve practice</p> <p>13.5 All staff are subject to an annual appraisal with their line manager which can be evidenced in their personal files.</p>	<p>Compliant</p>

Inspection Findings:	
<p>The information detailed in the provider's self -assessment was evidenced in the records viewed during inspection. There was evidence of the audits undertaken in regard to supervision, service user's agreements, medication, incidents/accidents, and complaints.</p> <p>The SHSCT supervision and appraisal policy and procedure dated 2012 was clearly referenced regarding practices for the supervision and appraisal of both management and staff.</p> <p>The records for two domiciliary supervisors were examined and found to contain evidence that annual appraisal had been undertaken for each supervisor in 2014. There was evidence to confirm that staff are in receipt of supervision every four to six weeks. Domiciliary care staff are directly observed by their supervisor in the client homes and there is an opportunity for staff to discuss their development in the office following the observation. Records for five care staff were examined and the direct observations were found to be up to date and relevant. Each staff member's annual appraisal was up to date and included training and development needs.</p> <p>The care staff consulted expressed that the management team were very supportive and approachable and felt that their supervisors were always there to support and encourage them. No issues were identified by the staff team.</p> <p>There was evidence that staff are encouraged to undertake QCF level 2 award that considers the effect of training on practice. The Trust should consider how the outcomes of these evaluations can be captured into a competency based framework for staff. The current monthly monitoring reports include an interview with members of staff and their views are passed to the registered manager for consideration (as required).</p>	<p>Substantially Compliant</p>

PROVIDER'S OVERALL ASSESSMENT OF THE AGENCY'S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED	COMPLIANCE LEVEL
	Compliant

INSPECTOR'S OVERALL ASSESSMENT OF THE AGENCY'S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED	COMPLIANCE LEVEL
	Compliant

THEME 2
Regulation 21 (1) - Records management

Criteria Assessed 1: General records

Regulation 21(1) The registered person shall ensure that the records specified in Schedule 4(11) are maintained, and that they are—

- (a) kept up to date, in good order and in a secure manner; and
- (c) at all times available for inspection at the agency premises by any person authorized by the Regulation and Improvement Authority.

(2) The registered person shall ensure that, in addition to the records referred to in paragraph (1), a copy of the service user plan and a detailed record of the prescribed services provided to the service user are kept at the service user’s home and that they are kept up to date, in good order and in a secure manner.

Standard 5.2 The record maintained in the service user’s home details (where applicable):

- the date and arrival and departure times of every visit by agency staff;
- actions or practice as specified in the care plan;
- changes in the service user’s needs, usual behaviour or routine and action taken;
- unusual or changed circumstances that affect the service user;
- contact between the care or support worker and primary health and social care services regarding the service user;
- contact with the service user’s representative or main carer about matters or concerns regarding the health and well-being of the service user;
- requests made for assistance over and above that agreed in the care plan; and
- incidents, accidents or near misses occurring and action taken.

Standard 5.6 All records are legible, accurate, up to date and signed and dated by the person making the entry.

COMPLIANCE LEVEL

<p>Provider's Self-Assessment:</p>	
<p>21.1 The Agency endeavours to ensure that records are maintained, kept up to date, in good order and secure and can be made available for Inspection.</p> <p>2 The Agency ensures that all service users receive a service user agreement which specifies service users needs and care plan can be evidenced in inspection.</p> <p>5.2 The Agency can evidence that records are contained in the service user agreement as per Standard 5.2.</p>	<p>Substantially compliant</p>
<p>Inspection Findings:</p>	
<p>The agency policies on recording and reporting care practices dated January 2014, handling service user's monies dated January 2014 and the restraint policy dated were all reviewed during inspection as compliant. The staff handbook detailed the policies</p> <p>Templates were reviewed during inspection for:</p> <ul style="list-style-type: none"> • Daily evaluation recording. • Medication administration is detailed on the daily evaluation recording, alongside a separate record for PRN (as and when required) medications. The inspector did recommend recording the number of tablets and inclusion of a full list of medication as good practice. This was confirmed as compliant during staff and management discussions. • The agency hold a money agreement within the service user agreement. • Emergency shopping record for occasional shopping tasks outside of a care plan tasked shopping. • Staff spot checking template which includes a section on adherence to the agency recording policy. • Staff group supervision template includes records management (recording and reporting). <p>All templates were reviewed as appropriate for their purpose.</p> <p>Review of five staff files during inspection confirmed staff adherence to records management as detailed within the staff spot checks for 2013. Staff supervision records for the period January 2014 –October 2014 were reviewed as compliant with no staff competence issues arising. None at present confirmed during discussion with the</p>	<p>Substantially compliant</p>

registered manager.

Staff training records for medication, recording and reporting, restraint and managing service users monies were reviewed for four staff members during inspection and confirmed as substantially compliant. Managing service users' monies is not an area of specific training but is included in the Fraud awareness training and discussed at staff meetings. The registered manager and supervisors reported that the agency operate a no restraint policy and in the event of challenging behaviour a focus group would respond and work specific to the service user needs .

Records viewed on the day did not indicate that any form of restraint is in place and there have been no reports of restraint from this agency. However in discussion with staff it was confirmed that restraint is in place for a number of service users in respect of bedrails. The inspector did not have the opportunity to view these files however it is recommended that management ensure care records are audited and any restraint in regard to the use of lap belts, cot sides and the security arrangements for individual homes is clearly detailed in the care plans. These arrangements must be agreed by the multi –disciplinary team and should demonstrate that it is in the best interest of the service user.

The registered manager and supervisors confirmed that records management is a regular topic for discussion during staff meetings/group supervision; this was evidenced in the review of staff meeting minute records.

Review of six service user files during the inspection confirmed appropriate recording in the general notes and medication records. The inspector found that information contained in the assessment of need for service users was not sufficiently robust to inform care staff of the person's physical and mental health, emotional well-being, capacity for the activities of daily living and self- care. There was no information recorded in regard to how the service user spends their day. The registered manager must ensure that a person centred, holistic assessment of need is obtained for each service user before the service commences. The assessment of need should include all elements of Standard 3 criterion 3.2 of Domiciliary Care Agencies Minimum Standards (2008).

It was noted that information in care plans was also very limited and focused mainly on tasks without providing details of the full support or care to be provided. One care plan was noted to be out of date regarding the directions for care staff in regard to the assistance a service user required. It was also noted care plans were not updated following changes to service users' circumstances. Further development is recommended for the care plans.

<p>Criteria Assessed 3: Service user money records</p> <p>Regulation 15 (6) The registered person shall ensure that where the agency arranges the provision of prescribed services to a service user, the arrangements shall— (d) specify the procedure to be followed where a domiciliary care worker acts as agent for, or receives money from, a service user.</p> <p>Standard 8.14 Records are kept of the amounts paid by or in respect of each service user for all agreed services as specified in the service user’s agreement (Standard 4).</p>	
<p>Provider's Self-Assessment:</p>	
<p>15 (6) & (d) The Agency ensures that service user agreement and care plan contains a specific recording proforma to evidence appropriate handling of service users money.</p> <p>8.14 Records can be viewed on inspection to demonstrate compliance</p>	<p>Compliant</p>
<p>Inspection Findings:</p>	
<p>Review of the care plans during the inspector home visits advised that the service users are not receiving any financial assistance, for example shopping, from the agency; this was supported by those people interviewed by the inspector.</p>	<p>Compliant</p>

<p>PROVIDER’S OVERALL ASSESSMENT OF THE AGENCY’S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED</p>	<p>COMPLIANCE LEVEL</p>
	<p>Substantially compliant</p>

<p>INSPECTOR’S OVERALL ASSESSMENT OF THE AGENCY’S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED</p>	<p>COMPLIANCE LEVEL</p>
	<p>Substantially compliant</p>

THEME 3 Regulation 13 - Recruitment	
Criteria Assessed 1:	COMPLIANCE LEVEL
<p>Regulation 13 The registered person shall ensure that no domiciliary care worker is supplied by the agency unless—</p> <ul style="list-style-type: none"> (a) he is of integrity and good character; (b) he has the experience and skills necessary for the work that he is to perform; (c) he is physically and mentally fit for the purposes of the work which he is to perform; and (d) full and satisfactory information is available in relation to him in respect of each of the matters specified in Schedule 3. <p>Standard 8.21 The registered person has arrangements in place to ensure that:</p> <ul style="list-style-type: none"> • all necessary pre-employment checks are carried out; • criminal history disclosure information in respect of the preferred candidate, at the appropriate disclosure level is sought from Access NI; and • all appropriate referrals necessary are made in order to safeguard children and vulnerable adults . <p>Standard 11.2 Before making an offer of employment:</p> <ul style="list-style-type: none"> • the applicant’s identity is confirmed; • two satisfactory written references, linked to the requirements of the job are obtained, one of which is from the applicant’s present or most recent employer; • any gaps in an employment record are explored and explanations recorded; • criminal history disclosure information, at the enhanced disclosure level, is sought from Access NI for the preferred candidate; (Note: Agencies that intend to employ applicants from overseas will need to have suitable complementary arrangements in place in this regard); • professional and vocational qualifications are confirmed; • registration status with relevant regulatory bodies is confirmed; • a pre-employment health assessment is obtained • where appropriate, a valid driving licence and insurance cover for business use of car is confirmed; and • current status of work permit/employment visa is confirmed. 	

Provider's Self-Assessment:	
13, 8.21, 11.2 The Agency recruits new staff in compliance with Trust policies and procedures, external regulation and good practices. Evidence will be made available for inspection through the Trust Human Resources Department	Compliant
Inspection Findings:	
Review of the SHSCT recruitment policy dated 2012 confirmed general compliance with Regulation 13 and Schedule 3 of The Domiciliary Care Agency Regulations (Northern Ireland) 2007 and Standards 8.21 and 11.2 of the Domiciliary Care Agency Minimum Standards (2007). In discussion with staff they confirmed that job descriptions were issued during the recruitment process. One staff member reported on the recruitment process and this further confirmed adherence to regulations. It is recommended that the Trust provides the registered manager with proof that the full recruitment process has been fully completed and the outcome is satisfactory. Staff consulted confirmed that job descriptions were issued during the recruitment process.	Compliant

PROVIDER'S OVERALL ASSESSMENT OF THE AGENCY'S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED	COMPLIANCE LEVEL
	Compliant

INSPECTOR'S OVERALL ASSESSMENT OF THE AGENCY'S COMPLIANCE LEVEL AGAINST THE STANDARD ASSESSED	COMPLIANCE LEVEL
	Compliant

Additional Areas Examined

Complaints

The agency completed documentation prior to the inspection in relation to complaints received between 1 January 2013 and 31 December 2013. This form was reviewed and found to be satisfactory. The registered manager confirmed there had been no complaints received for the past year. A review of the complaints procedure and the information provided to service users resulted in a recommendation that the information is updated to include information on the role function and contact details of the RQIA.

Additional matters examined

No additional matters were reviewed as a result of this inspection.

Quality Improvement Plan

The details of the Quality Improvement Plan appended to this report were discussed with Mrs Valerie Magowan, as part of the inspection process.

The timescales for completion commence from the date of inspection.

The registered provider/manager is required to record comments on the Quality Improvement Plan.

Matters to be addressed as a result of this inspection are set in the context of the current registration of your premises. The registration is not transferable so that in the event of any future application to alter, extend or to sell the premises the RQIA would apply standards current at the time of that application.

Enquiries relating to this report should be addressed to:

Maire Marley
The Regulation and Quality Improvement Authority
9th Floor
Riverside Tower
5 Lanyon Place
Belfast
BT1 3BT



Quality Improvement Plan

Primary Unannounced Inspection

Trust Homecare

5 November 2014

The areas where the service needs to improve, as identified during this inspection visit, are detailed in the inspection report and Quality Improvement Plan.

The specific actions set out in the Quality Improvement Plan were discussed with Mrs Valerie Magowan registered manager during the inspection visit.

Any matters that require completion within 28 days of the inspection visit have also been set out in separate correspondence to the registered persons.

Registered providers / managers should note that failure to comply with regulations may lead to further enforcement and/or prosecution action as set out in The HPSS (Quality, Improvement and Regulation) (Northern Ireland) Order 2003.

It is the responsibility of the registered provider / manager to ensure that all requirements and recommendations contained within the Quality Improvement Plan are addressed within the specified timescales.

Matters to be addressed as a result of this inspection are set in the context of the current registration of your premises. The registration is not transferable so that in the event of any future application to alter, extend or to sell the premises the RQIA would apply standards current at the time of that application.

Recommendations

These recommendations are based on The Domiciliary Care Agencies Minimum Standards (2011), research or recognised sources. They promote current good practice and if adopted by the Registered Person may enhance service, quality and delivery.

No.	Minimum Standard Reference	Recommendations	Number Of Times Stated	Details Of Action Taken By Registered Person(S)	Timescale
1	3.1	The registered manager must ensure that a person centred, holistic assessment of need is obtained for each service user before the service commences.	One	The registered manager will inform key workers and supervisors that new packages cannot be taken until a person centered holistic assessment of need is available.	No later than March 2015
2	3.3	The registered manager should ensure; <ul style="list-style-type: none">• care plans detail the care and services to be provided for the service user• specifies how specific needs and preferences are to be met• details the management of identified risks• an identified care plan must be revised to ensure it clearly identifies the care and support to be provided• Clear processes should be in place to update care plans when there is a change in circumstances.	One	A short life working group will be set up between the Integrated Care Team and the Domiciliary Care Team in January 2015. This group will work on developing a more detailed care plan which specify the care and services to be provided for the service user and include any risk assessments required.	No later than March 2015

3	5.2	<p>The registered manager should ensure that;</p> <ul style="list-style-type: none"> • Care records are audited to ensure any restrictive practice in regard to the use of lap belts, cot sides and security arrangements for individual homes is clearly detailed in the care plans. • These arrangements must be agreed by the multi –disciplinary team and should demonstrate that it is in the best interest of the service user. • 	One	<p>The Domiciliary Care Supervisors will check as part of their supervision of Domiciliary Care Worker practice that any restrictive practice is clearly identified in the care plans. The monitoring manager will also check this as part of their monthly monitoring. Where this information is not available or needs updated this will be reported to the keyworkers with the responsible professional. When accepting a new case each Domiciliary Care Supervisor will check that a restrictive practice is clearly identified in the care plan.</p>	No later than March 2015
4	11.2	<p>It is recommended that the Trust provides the registered manager with written proof that the recruitment process has been fully completed and the outcome is satisfactory.</p>	One	<p>The registered manager will make arrangements with the BSO that in any future recruitment exercises that they will provide proof that the recruitment process has been fully completed and the outcome is satisfactory before any worker is commenced.</p>	No later than March 2015
5	12.9	<p>The registered manager should consider how the outcomes of staff evaluations can be captured into a competency based framework for staff.</p>	One	<p>The registered manager will work alongside the Trusts social services training department and with the Education Learning and</p>	No later than March 2015

				Development to consider how the outcomes of staff evaluations can be captured into a competency framework.	
6	15.4	The registered person should ensure information in regard to complaints is updated to include information on the role and function of the RQIA.	One	The registered manager will instruct the complaints Department of the Trust that their information is updated to include information on the role and function of RQIA.	No later than March 2015

Please complete the following table to demonstrate that this Quality Improvement Plan has been completed by the registered manager and approved by the responsible person / identified responsible person:

NAME OF REGISTERED MANAGER COMPLETING QIP	Valerie Magowan
NAME OF RESPONSIBLE PERSON / IDENTIFIED RESPONSIBLE PERSON APPROVING QIP	Mairead McAlinden Chief Executive

QIP Position Based on Comments from Registered Persons	Yes	Inspector	Date
Response assessed by inspector as acceptable			
Further information requested from provider			