

# Inspection Report

8 August 2023



## Ardlough

Type of service: Nursing Home (NH)  
Address: 2a Ardlough Road, Drumahoe, Londonderry, BT47 5SW  
Telephone number: 02871 342899

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Assurance, Challenge and Improvement in Health and Social Care

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## 1.0 Service information

<b>Organisation/Registered Provider:</b> Ann's Care Homes  <b>Responsible Individual:</b> Mrs Charmaine Hamilton	<b>Registered Manager:</b> Mr Mark Collins  <b>Date registered:</b> 08 August 2023
<b>Person in charge/Person met at the time of inspection:</b> Mr Mark Collins	<b>Number of registered places:</b> 44
<b>Brief description of the accommodation/how the service operates:</b> This home is a registered Nursing Home which provides nursing care for up to 44 patients. The home is divided into two units over two floors; The Evergreen Unit on the first floor which provides care for people with mental health disorders and the Autumn Unit on the ground floor which provides care for people with dementia. There are bedrooms, communal bathrooms, lounges and a dining room on both floors.	

## 2.0 Inspection summary

An announced estates inspection took place on 8 August 2023, from 11:00am to 12:00am in connection with variation application ref VA012062.

This inspection focused on the newly adapted sections of the premises associated with the variation application to provide enhanced treatment room facilities, reduce a double bedroom to single providing a new single bedroom to retain registered bed numbers, and to provide new external smoking facilities.

The variation is approved from an estates perspective. Final approval is subject to RQIA Care Team approval.

## 3.0 How we inspect

RQIA's inspections form part of our ongoing assessment of the quality of services. Our reports reflect how they were performing at the time of our inspection, highlighting both good practice and any areas for improvement. It is the responsibility of the service provider to ensure compliance with legislation, standards and best practice, and to address any deficits identified during our inspections.

## 4.0 The inspection findings

### 4.1 What has this service done to meet any areas for improvement identified at or since last inspection?

Areas for improvement from the last inspection on 11 May 2023 ref IN043598		
Action required to ensure compliance with The Nursing Homes Regulations (Northern Ireland) 2005		Validation of compliance
<b>Area for improvement 1</b> <b>Ref:</b> Regulation 13 (7) <b>Stated:</b> Second time <b>To be completed by:</b> With immediate effect	The registered person shall ensure that IPC deficits identified during the inspection are addressed.  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>	Carried forward to the next inspection
<b>Area for improvement 2</b> <b>Ref:</b> Regulation 13 (4)(a) <b>Stated:</b> First time <b>To be completed by:</b> With immediate effect	The registered person shall ensure any medicine which is kept in the nursing home is stored in a secure place.  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>	
<b>Area for improvement 3</b> <b>Ref:</b> Regulation 21 (1)(b)(c) <b>Stated:</b> First time <b>To be completed by:</b> With immediate effect	The registered person shall ensure subject to paragraph (5) he has obtained in respect of that person the information and documents specified in paragraph 1 to 7 of schedule 2; and ensure he is satisfied on reasonable round as to the authenticity of the references referred to 1 paragraph 3 of the Schedule 2 in respect of that person  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>	Carried forward to the next inspection
Action required to ensure compliance with the Care Standards for Nursing Homes (April 2015)		
<b>Area for improvement 1</b> <b>Ref:</b> Standard 12	The registered person shall ensure the following in relation to patients' nutritional needs:	Carried forward to the next inspection

<p><b>Stated:</b> Second time</p> <p><b>To be completed by:</b> With immediate effect</p>	<ul style="list-style-type: none"> <li>• that staff are knowledgeable regarding patients' dietary needs in accordance with IDDSI terminology as per SALT recommendations</li> <li>• care records contain the correct dietary needs as per SALT recommendations.</li> </ul>	
<p><b>Area for improvement 2</b></p> <p><b>Ref:</b> Standard 4</p> <p><b>Stated:</b> First time</p> <p><b>To be completed by:</b> With immediate effect</p>	<p>The registered person shall ensure that all care plans required are in place and those no longer required are removed in a timely manner.</p> <p><b>Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.</b></p>	<p><b>Carried forward to the next inspection</b></p>

## 4.2 The inspection findings

### 4.2.1 Are the newly adapted sections of the home compliant with the Department of Health's (DoH) Care Standards for Nursing Homes (April 2015) and with other relevant legislative requirements and Approved Codes of Practice (ACOPs)?

Alterations were made to the existing premises to provide enhanced treatment room and to reduce one double bedroom to a single bedroom and creating a new single bedroom to retain the registered bed numbers at 44. Also included in the alterations was relocation of the smoking room to a new outside smoking shelter which was found to be finished to a high standard and equipped with a fixed automatic cigarette lighter which negates the need for lighters and matches to be used and carried. This significantly reduces the risk of inadvertent ignition of flammable materials.

The areas were designed to comply with the current DoH Minimum Standards with regards to area and critical dimensions, and were found to have been constructed and finished to a high standard.

Documentation presented prior to the inspection and forwarded following the inspection indicated that the premises and the engineering services and equipment are installed and commissioned in line with relevant legislation, ACOPs and best practice guidance.

Confirmation of Local Authority Building Control approval of the alteration works was also received prior to the inspection.

The fire risk assessment was updated by the Registered Individual to take account of the alterations and additions made to the home.

The variation is approved from an estates perspective. Final approval is subject to RQIA Care Team approval.

## 5.0 Quality Improvement Plan/Areas for Improvement

	Regulations	Standards
<b>Total number of Areas for Improvement</b>	3*	2*

\* the total number of areas for improvement includes five (three based upon regulations and two on minimum standards) that have been carried forward from the previous care inspection (ref IN043598) for review at the next inspection.

This inspection resulted in no areas for improvement being identified. Findings of the inspection were discussed with Mark Collins and Elaine McShane, Regional Manager, Ann's Care Homes as part of the inspection process and can be found in the main body of the report.

<b>Quality Improvement Plan</b>	
<b>Action required to ensure compliance with The Nursing Homes Regulations (Northern Ireland) 2005 – Carried forward from previous inspection on 11 May 2023 ref IN043598</b>	
<b>Area for improvement 1</b>  <b>Ref:</b> Regulation 13 (7)  <b>Stated:</b> Second time  <b>To be completed by:</b> With immediate effect	The registered person shall ensure that IPC deficits identified during the inspection are addressed.  Ref: 5.1 and 5.2.3 in previous report  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>
<b>Area for improvement 2</b>  <b>Ref:</b> Regulation 13 (4)(a)  <b>Stated:</b> First time  <b>To be completed by:</b> With immediate effect	The registered person shall ensure any medicine which is kept in the nursing home is stored in a secure place.  Ref: 5.2.3 in previous report  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>
<b>Area for improvement 3</b>  <b>Ref:</b> Regulation 21 (1)(b)(c)  <b>Stated:</b> First time  <b>To be completed by:</b> With immediate effect	The registered person shall ensure subject to paragraph (5) he has obtained in respect of that person the information and documents specified in paragraph 1 to 7 of schedule 2; and ensure he is satisfied on reasonable round as to the authenticity of the references referred to I paragraph 3 of the Schedule 2 in respect of that person.  Ref: 5.2.1 in previous report  <b>Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.</b>
<b>Action required to ensure compliance with the Care Standards for Nursing Homes (April 2015) – Carried forward from previous inspection on 11 May 2023 ref IN043598</b>	
<b>Area for improvement 1</b>  <b>Ref:</b> Standard 12  <b>Stated:</b> Second time  <b>To be completed by:</b> With immediate effect	The registered person shall ensure the following in relation to patients' nutritional needs: <ul style="list-style-type: none"> <li>• that staff are knowledgeable regarding patients' dietary needs in accordance with IDDSI terminology as per SALT recommendations</li> <li>• care records contain the correct dietary needs as per SALT recommendations.</li> </ul> Ref: 5.1 and 5.2.2 in previous report

	<p><b>Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.</b></p>
<p><b>Area for improvement 2</b></p> <p><b>Ref:</b> Standard 4</p> <p><b>Stated:</b> First time</p> <p><b>To be completed by:</b> With immediate effect</p>	<p>The registered person shall ensure that all care plans required are in place and those no longer required are removed in a timely manner.</p> <p>Ref: 5.2.2 in previous report</p> <p><b>Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.</b></p>

*\*Please ensure this document is completed in full and returned via the Web Portal\**



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