




What we found when we visited **Avoca Ward**

Easy to read report.

	<p>Avoca Knockbracken Healthcare Park Saintfield Road Belfast BT8 8BH</p>																																										
 <p>Belfast Health and Social Care Trust</p>	<p>Trust: Belfast Health and Social Care Trust</p>																																										
<p>January 2015</p> <table border="1"> <thead> <tr> <th>Sunday</th> <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th> <th>Saturday</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p>Date of RQIA inspection: 14 & 15 January 2015</p>
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	<p>Type of Ward: Avoca is a psychiatric intensive care unit providing acute assessment and treatment</p>																																										

Who is RQIA?



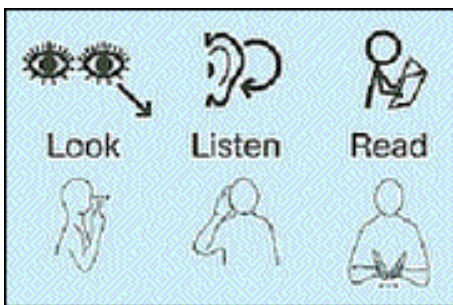
The Regulation and
Quality Improvement
Authority

Who is RQIA?

RQIA is the group of people in Northern Ireland who visit wards in hospitals, homes and other services to check that they are good and make sure that they are safe for everyone. RQIA call these visits inspections. The people from RQIA who visit the ward are called inspectors.

The inspector who spoke to the patients on Avoca ward was called Audrey.

What did Audrey do?



What did Audrey do?

Audrey

- looked around the ward
- talked with patients on the ward
- talked to the staff working on the ward
- talked to the people that are in charge of Avoca ward

Audrey also

- read some of the notes that the staff write
- looked at some of the forms that the staff fill out

After Audrey visited the ward she wrote a report of what she found and sent it to the ward. RQIA asked the staff who work on the ward and the people that are in charge of the ward to make some changes. These will make the ward better place to be.

Audrey found it was good that



The ward has a small gym that patients can use



Patients understanding of their care and treatment is reviewed regularly



Patients get one to one time with their nurse



There is an occupational therapist on the ward who arranges activities for patients



Patients progress is monitored by staff when they are doing activities on the ward



Patients can meet with their consultant to talk about their care and treatment



There is an advocate who calls to see patients on the ward



Care plans are reviewed with patients








The ward has an information booklet for patients to read which tells them about the ward



The consultant and nurses look at ways that patients can have time off the ward.



Patients who are able to look after their own money can use a safe on the ward.

<p>Audrey was concerned that</p>	<ul style="list-style-type: none"> Patients could not go upstairs to their bedroom areas when they wanted throughout the day A number of assessments showed that care plans needed to be set up but they were not in place Care plans were not in place for some restrictions patients had on the ward Patients did not have their own activity plan in place
<p>What next?</p> 	<p>What next?</p> <p>After the inspection Audrey met with the staff and managers from Avoca ward. Audrey wrote a report about what she found and sent it to the ward.</p> <p>The managers from the ward are going to write back to Audrey and tell her how they are going to make the ward a better place for patients.</p> <p>One of the inspectors will visit the ward again.</p>