

## Inspection Report

## 11 December 2023











# Knockagh Rise

Type of service: Nursing Home Address: 236 Upper Road, Greenisland, BT38 8RP Telephone number: 02890 855 930

www.rqia.org.uk

Information on legislation and standards underpinning inspections can be found on our website <a href="https://www.rqia.org.uk/">https://www.rqia.org.uk/</a>

#### 1.0 Service information

Organisation/Registered Provider: Knockagh Rise Ltd	Registered Manager: Mrs Joeleen Logan – not registered
Responsible Individual: Mrs Ruth Elizabeth Logan	
Person in charge/Person met at the time of inspection: Mrs Joeleen Logan	Number of registered places: 29
Categories of care: NH-PH(E), NH-PH, NH-I	Number of accommodated in the on the day of this inspection: 27

#### Brief description of the accommodation/how the service operates:

Knockagh Rise is a nursing home registered to provide nursing care for up to 29 patients. Patients have access to a communal lounge, dining room and gardens on the ground floor. Bedrooms are situated over three floors.

### 2.0 Inspection summary

An announced inspection took place on 11 December 2023, between 10:30 am and 11:30 am by a care and estates inspector.

This inspection was undertaken to view the works associated with variation VA044841, for one new bedroom with en-suite facilities and a relocated sluice room. The inspection focused solely on the matters summarised above and did not include review of any previous inspection activity at this service.

#### 3.0 How we inspect

RQIA's inspections form part of our ongoing assessment of the quality of services. Our reports reflect how they were performing at the time of our inspection, highlighting both good practice and any areas for improvement. It is the responsibility of the service provider to ensure compliance with legislation, standards and best practice, and to address any deficits identified during our inspections.

## 4.0 The inspection findings

4.1 What has this service done to meet any areas for improvement identified at or since last inspection?

Areas for improvement from the last combined inspection on 7 November 2023		
Action required to ensure compliance with The Nursing Homes Regulations (Northern Ireland) 2005		Validation of compliance
Area for improvement 1  Ref: Regulation 13 (4)  Stated: Second time	The registered person shall implement a robust audit to ensure that all medicines are administered as prescribed.  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 2  Ref: Regulation 20 (1) (a)  Stated: Second time	The registered person shall ensure that there are sufficient domestic staff on duty.  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 3  Ref: Regulation 16 (2) (b)  Stated: Second time	The registered person shall ensure patients' care plans and risk assessments are kept up to date and regularly reviewed to accurately reflect the assessed needs of the patient.  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 4  Ref: Regulation 27 (2) (c) and (d)  Stated: Second time	The registered person shall ensure that the environmental deficits issues identified during this inspection are addressed.  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection

Area for improvement 5  Ref: Regulation 19 (3) (b)  Stated: First time	The registered person shall ensure that records are available as outlined in Schedule 4 of The Nursing Homes Regulations (Northern Ireland) 2005, at all times for inspection in the home by any person authorised by the Regulation and Quality Improvement Authority to enter and inspect the nursing home.	Carried forward to the next inspection
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	
Area for improvement 6  Ref: Regulation 32 (h)  Stated: First time	The registered person shall not commence any alterations to the home prior to approval of a formal variation application to RQIA; this is in regard to the identified alterations as outlined in this report.	Carried forward to the next
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	inspection
Area for improvement 7  Ref: Regulation 10 (1)  Stated: First time	The registered person shall ensure that the management and governance arrangements are reviewed to ensure they are effective in identifying deficits in regard to the cleanliness of the home.	Carried forward to the next
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	inspection

Area for improvement 8	The registered person shall ensure as far	
<b>Ref:</b> Regulation 14 (2) (a) (c)	as reasonably practical that all parts of the home to which patients have access are free from hazards to their safety.	
Stated: First time	This is stated in relation to:	
	<ul> <li>Locking the hairdressing room or ensuring hair products are securely stored within the hairdressing room.</li> <li>Ensuring storage areas and communal areas do not contain any items that potentially could be hazardous to patients, staff or visitors to the home.</li> </ul>	Carried forward to the next inspection
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	
Area for improvement 9	The registered person shall ensure that the practice of propping or wedging open of fire	
Ref: Regulation 27 (4) (c) (d)	doors ceases immediately.	Carried forward
Stated: First time	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	to the next inspection
Area for improvement 10	The registered person shall submit the Regulation 29 reports to RQIA. The reports	
Ref: Regulation 29 Stated: First time	are to include specific reference and information on the progress of the home with the areas identified in this Quality Improvement Plan.	
	These reports shall be submitted to RQIA on the 5 <sup>th</sup> day of each month until directed otherwise.	Carried forward to the next inspection
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.	

Nursing Homes (April 2015	compliance with the Care Standards for	Validation of compliance
Area for improvement 1  Ref: Standard 31  Stated: First time	The registered person shall ensure that stock balances of controlled drugs are reconciled appropriately on each occasion when the handover for responsibility is transferred.  Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 2  Ref: Standard 41  Stated: First time  Stated:	The registered person shall ensure that the staff duty rota accurately reflects all staff working in the home on a daily basis.  Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 3  Ref: Standard 40  Stated: First time	The registered person shall ensure that all staff receive supervision and appraisal.  Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 4 Ref: Standard 12 Stated: First time	<ul> <li>The patient dining experience is reviewed with regards to the availability and choice of crockery for the serving of hot drinks. Plastic mugs/cups that are badly stained should be effectively cleaned or replaced.</li> <li>The daily menu is displayed to accurately reflect the food served.</li> <li>Appropriate snack choices are made available for patients on a modified diet.</li> </ul>	Carried forward to the next inspection

	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	
Area for improvement 5 Ref: Standard 23 Stated: First time	The registered person shall ensure that patients are repositioned in keeping with their prescribed care.  Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	Carried forward to the next inspection
Area for improvement 6 Ref: Standard 4 Stated: First time  Area for improvement 7 Ref: Standard 46 Stated: First time	The registered person shall ensure that wheelchairs are fit for purpose and clean.  Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.  The registered person shall ensure that a system is in place for decontamination of the manual handling equipment between each patient use.	Carried forward to the next inspection  Carried forward to the next
	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	to the next inspection
Area for improvement 8  Ref: Standard 12  Stated: First time	The registered person shall ensure that confidential information regarding patient's dietary needs is not displayed in bedrooms or communal areas.	Carried forward to the next
	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	inspection

Area for improvement 9  Ref: Standard 47.1  Stated: First time	The registered person shall meet and maintain a record of the discussion with all staff in regard to their role and responsibilities to ensure the health, safety and welfare of staff, patients and visitors to the home.	Carried forward to the next inspection
	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.	

### 4.2 The inspection findings

#### 4.2.1 Estates Inspector

Alterations were made to the existing premises to provide one additional bedroom with en-suite facilities providing an accessible shower, toilet and wash hand basin. The bedroom and the associated en-suite exceed the current DoH Care Standards with regards to area and critical dimensions, and were found to have been constructed and decorated to a high standard. The en-suite facilities also have suitable controls in place to ensure safe hot water is provided. It is important that once this bedroom is occupied, that the patient is suitably assessed to ensure that any additional accessibility aids that they may require in their en-suite accommodation are installed. At the time of the inspection it was noted that the wardrobe was not secured in place and that a lockable storage place had not been provided. However, subsequent to the inspection, evidence was provided confirming that both these issues had been suitably resolved.

A new sluice room had been created on the first floor in an existing linen store. It was agreed at the time of the inspection, that the premises existing sluice facilities where sufficient, and that there was a greater need for linen storage within the premises. It was therefore further agreed that the previous linen store be reinstated. Evidence was submitted by the manager subsequent to the inspection confirmed that the linen store had been reinstated.

Documentation presented prior to the inspection and forwarded following the inspection, indicated that the premises and the engineering services and equipment are installed and commissioned in line with relevant legislation, ACOPs and best practice guidance. All relevant risk assessments, including for fire and water safety, had been updated to take account of the alterations and additions made to the home.

#### 4.2.2 Care Inspector

The maximum number of registered patients will increase from 29 to 30 as a result of this variation application.

The new bedroom was clean, spacious, well decorated, suitably furnished, and had ample natural light. The fixtures, fittings, and furnishings within the bedroom was compliant with the Care Standards for Nursing Homes (2022).

## 5.0 Quality Improvement Plan/Areas for Improvement

This inspection resulted in no new areas for improvement being identified. Findings of the inspection were discussed with the Manager as part of the inspection process and can be found in the main body of the report.

	Regulations	Standards
Total number of Areas for Improvement	10*	9*

<sup>\*</sup>the total number of areas for improvement includes 19 which are carried forward for review at the next inspection.

Quality Improvement Plan	
Action required to ensure (Northern Ireland) 2005	compliance with The Nursing Homes Regulations
Area for improvement 1  Ref: Regulation 13 (4)  Stated: Second time	The registered person shall implement a robust audit to ensure that all medicines are administered as prescribed.  Ref: 4.1
To be completed by: 6 December 2023	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 2  Ref: Regulation 20 (1) (a)  Stated: Second time	The registered person shall ensure that there are sufficient domestic staff on duty.  Ref: 4.1
To be completed by: With immediate effect	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 3  Ref: Regulation 16 (2) (b)	The registered person shall ensure patients' care plans and risk assessments are kept up to date and regularly reviewed to accurately reflect the assessed needs of the patient.
Stated: Second time	Ref: 4.1
To be completed by: With immediate effect	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 4  Ref: Regulation 27 (2) (c) and (d)	The registered person shall ensure that the environmental deficits issues identified during this inspection are addressed.  Ref: 4.1
Stated: Second time  To be completed by: With immediate effect	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.

Area for improvement 5  Ref: Regulation 19 (3) (b)  Stated: First time  To be completed by: With immediate effect	The registered person shall ensure that records are available as outlined in Schedule 4 of The Nursing Homes Regulations (Northern Ireland) 2005, at all times for inspection in the home by any person authorised by the Regulation and Quality Improvement Authority to enter and inspect the nursing home.  Ref: 4.1  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 6  Ref: Regulation 32 (h)  Stated: First time  To be completed by: 8 November 2023	The registered person shall not commence any alterations to the home prior to approval of a formal variation application to RQIA; this is in regard to the identified alterations as outlined in this report.  Ref: 4.1  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 7 Ref: Regulation 10 (1) Stated: First time To be completed by: 30 November 2023	The registered person shall ensure that the management and governance arrangements are reviewed to ensure they are effective in identifying deficits in regard to the cleanliness of the home.  Ref: 4.1  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 8  Ref: Regulation 14 (2) (a) (c)  Stated: First time  To be completed by: 8 November 2023	The registered person shall ensure as far as reasonably practical that all parts of the home to which patients have access are free from hazards to their safety.  This is stated in relation to:  Locking the hairdressing room or ensuring hair products are securely stored within the hairdressing room.  Ensuring storage areas and communal areas do not contain any items that potentially could be hazardous to patients, staff or visitors to the home.  Ref: 4.1  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.

Area for improvement 9  Ref: Regulation 27 (4) (c) (d)  Stated: First time  To be completed by: From the date of the inspection onwards (7 November 2023)	The registered person shall ensure that the practice of propping or wedging open of fire doors ceases immediately.  Ref: 4.1  Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 10  Ref: Regulation 29  Stated: First time  To be completed by: 5 December 2023	The registered person shall submit the Regulation 29 reports to RQIA. The reports are to include specific reference and information on the progress of the home with the areas identified in this Quality Improvement Plan.  These reports shall be submitted to RQIA on the 5 <sup>th</sup> day of each month until directed otherwise.  Ref: 4.1
	Action required to ensure compliance with this regulation was not reviewed as part of this inspection and this is carried forward to the next inspection.
Action required to ensure (December 2022)	compliance with the Care Standards for Nursing Homes
Area for improvement 1  Ref: Standard 31	The registered person shall ensure that stock balances of controlled drugs are reconciled appropriately on each occasion when the handover for responsibility is transferred.
Stated: First time	Ref: 4.1
To be completed by: From the date of the inspection onwards (7 November 2023)	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 2  Ref: Standard 41  Stated: First time	The registered person shall ensure that the staff duty rota accurately reflects all staff working in the home on a daily basis.  Ref: 4.1
To be completed by: From the date of the inspection onwards (7 November 2023)	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.

Area for improvement 3	The registered person shall ensure that all staff receive supervision and appraisal.
Ref: Standard 40	Ref: 4.1
Stated: First time	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is
To be completed by: 31 December 2023	carried forward to the next inspection.
Area for improvement 4	The registered person shall ensure the following:
Ref: Standard 12	The patient dining experience is reviewed with regards to the availability and choice of crockery for the serving of hot
Stated: First time	drinks. Plastic mugs/cups that are badly stained should be effectively cleaned or replaced.
To be completed by: 21 November 2023	The daily menu is displayed to accurately reflect the food served.
	Appropriate snack choices are made available for patients on a modified diet.
	Ref: 4.1
	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 5	The registered person shall ensure that patients are repositioned in keeping with their prescribed care.
Ref: Standard 23	Ref: 4.1
Stated: First time	Action required to ensure compliance with this standard
To be completed by: From the date of the inspection onwards (7 November 2023)	was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 6	The registered person shall ensure that wheelchairs are fit for purpose and clean.
Ref: Standard 4	Ref: 4.1
Stated: First time	
To be completed by: From the date of the	
inspection onwards (7 November 2023)	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.

Area for improvement 7	The registered person shall ensure that a system is in place for decontamination of the manual handling equipment between
Ref: Standard 46	each patient use.
Stated: First time	Ref: 4.1
To be completed by: From the date of the inspection onwards (7 November 2023)	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 8  Ref: Standard 12	The registered person shall ensure that confidential information regarding patient's dietary needs is not displayed in bedrooms or communal areas.
Stated: First time	Ref: 4.1
To be completed by: From the date of the inspection onwards (7 November 2023)	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.
Area for improvement 9	The registered person shall meet and maintain a record of the discussion with all staff in regard to their role and
Ref: Standard 47.1	responsibilities to ensure the health, safety and welfare of staff, patients and visitors to the home.
Stated: First time	Ref: 4.1
To be completed by:	
30 November 2023	Action required to ensure compliance with this standard was not reviewed as part of this inspection and this is carried forward to the next inspection.





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