

# Announced Premises Inspection Report 29 November 2016



# **Fruithill Nursing Home**

Type of Service: Nursing Home Address: 20 Fruithill Park, Andersonstown, Belfast, BT11 8GD Tel No: 028 9061 7717 Inspector: K. Monaghan

<u>www.rqia.org.uk</u>

Assurance, Challenge and Improvement in Health and Social Care

## 1.0 Summary

An announced premises inspection of Fruithill Nursing Home took place on 29 November 2016 from 10:55hrs to 12:15hours.

The inspection sought to assess progress with any issues raised during and since the last premises inspection and to determine if the nursing home was delivering safe, effective and compassionate care and if the service was well led.

#### Is care safe?

On the day of the inspection the premises supported the delivery of safe care.

### Is care effective?

On the day of the inspection the premises supported the delivery of effective care.

#### Is care compassionate?

On the day of the inspection the premises supported the delivery of compassionate care.

### Is the service well led?

On the day of the inspection the management of the premises was considered to be well led.

This inspection was underpinned by The Nursing Homes Regulations (Northern Ireland) 2005 and the Care Standards for Nursing Homes 2015.

#### **1.1 Inspection outcome**

	Requirements	Recommendations
Total number of requirements and	0	0
recommendations made at this inspection	0	0

This inspection resulted in no requirements or recommendations being made. Findings of the inspection were discussed with Miss Veronica Sousa, Manager and Ms. Anne Sheehan, Administrator, as part of the inspection process and can be found in the main body of the report.

Enforcement action did not result from the findings of this inspection.

#### **1.2 Actions/enforcement taken following the most recent premises inspection**

There were no requirements or recommendations included in the report for the most recent premises inspection that was carried out on 12 November 2013.

## 2.0 Service Details

Registered provider / Responsible Person:	<b>Registered manager:</b>
Ms. Orla Frances Sheehan	Miss Veronica Sousa (Registration Pending)
Person in charge of the home at the time of inspection: Miss Veronica Sousa, Manager	Date manager registered: Registration Pending
Categories of care:	Number of registered places:
NH-LD, NH-I, NH-PH, NH-PH(E), NH-TI	35

## 3.0 Methods/processes

Prior to this premises inspection, the following records were reviewed:

- The report for the previous premises inspection on 12 November 2013
- The statutory notifications over the past 12 months
- The concerns log.

During this premises inspection discussions took place with the following people:

- Miss Veronica Sousa, Manager
- Ms. Anne Sheehan, Administrator

During this premises inspection, the following records were reviewed:

- A range of service records and in-house records relating to the maintenance and upkeep of the premises
- The legionella bacteria risk assessment report
- The fire risk assessment report.

# 4.0 The Inspection

## 4.1 Review of requirements and recommendations from the most recent inspection on

The most recent inspection of this nursing home was an unannounced medicines management inspection IN025291 on 29 September 2016. The completed QIP for this inspection was returned to RQIA on 19 October 2016 and approved by the pharmacy inspector on 20 October 2016. This QIP will be validated by the pharmacy inspector at their next inspection.

# 4.2 Review of requirements and recommendations from the last premises inspection on 12 November 2013

The report for the last premises inspection on 12 November 2013 did not include any requirements or recommendations. A review of the requirements and recommendations from the last premises inspection was not therefore relevant.

# 4.3 Is care safe?

A range of documentation in relation to the maintenance and upkeep of the premises was presented for review during this premises inspection. This documentation included inspection and test reports for various elements of the engineering services and risk assessments. Documentation relating to the safe operation of the premises, installations and engineering services was presented for review during this premises inspection.

A range of fire protection measures are in place for the premises. This includes a fire detection and alarm system, emergency lighting, first aid fire-fighting equipment, structural fire separation and protection to the means of escape.

The standard used by the registered person to determine the overall level of fire safety within the premises takes account of the interaction between the physical fire precautions, the fire hazards, the number of service users, the management policies and the availability of adequately trained staff. This standard has been referenced in the fire risk assessment which was carried out by a risk assessor in line with the guidance from RQIA in relation to the competency of fire risk assessors.

This supports the delivery of safe care.

# Comments

- The legionella risk assessment was reviewed on 18 December 2015 with no issues being identified for attention. The water system was disinfected on 18 December 2015 and water samples were tested in January 2016 with satisfactory results. The thermostatic mixing valves were serviced on 15 August 2016. These are also procedures in place for checking the hot and cold water temperatures each month, for disinfecting the shower heads and for flushing infrequently used water outlets.
- 2. Free swing self-closing devices had been fitted to the bedroom doors since the previous premises inspection. The fire risk assessment was reviewed and updated on 03 October 2016 and fire drills were carried out on 07 October 2016 and 28 November 2016. The fire detection and alarm system was inspected and serviced on 20 October 2016 and the emergency lights were inspected and tested on 18 July 2016. There are also procedures in place for weekly checks to the fire alarm system and monthly checks to the emergency lights and the first aid fire-fighting equipment. In addition the Northern Ireland Fire and Rescue Service carried out a fire safety audit on 20 April 2016 with a satisfactory outcome.

## **Comments continued**

- 3. The passenger lift was serviced on 01 July 2016 and thoroughly examined by the insurance engineer on 28 July 2016. The patient lifting equipment was also thoroughly examined on 27 July 2016. The report for the thorough examination of the passenger lift indicated that a rubber mat for electrical safety should be provided in the lift plant room. Ms. Sheehan confirmed that this mat was on order.
- 4. The fixed wiring installation was inspected and tested on 26 January 2015 and the electrical equipment was inspected and tested on 25 July 2016. The nurse call system was serviced on 10 October 2016. In house checks to the nurse call system are also carried out. The check carried out on 15 November 2016 identified that three new call units were required and these were on order.
- 5. Sample checks carried out during this premises inspection indicated that the radiators were guarded, the window openings were controlled and the wardrobes were fixed to the walls.
- 6. Gas safety inspections were carried out to the gas pipework on 15 September 2016, to the cooker on 26 August 2016 and to the dryer on 28 November 2016.

	Number of requirements	0	Number of recommendations:	0
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4.4 Is care effective?

There are arrangements in place for routine premises management and upkeep as well as timely breakdown/repair maintenance. Service users are involved where appropriate in decisions around the upkeep of the premises.

This supports the delivery of effective care.

No areas for improvement were identified during the inspection.

Number of requirements	0	Number of recommendations:	0

## 4.5 Is care compassionate?

The areas of the premises reviewed during this premises inspection were well presented, comfortable, clean, free from malodours and adequately lit.

Service users are consulted about decisions around décor and the private accommodation where appropriate.

This supports the delivery of compassionate care.

### Comments

- The premises were generally in good decorative order. It was however noted that there
  was some staining at the perimeter of the floor covering in ground floor shower room. The
  shower hose required attention and the cover to the extract fan was missing. A new fan
  unit had however been purchased and the other issues had also already been identified for
  improvement by the home.
- 2. It was agreed that it would be beneficial to carry out some repainting to the woodwork in the ground floor bedroom corridor areas. This issue had however already been identified for improvement by the home.

Number of requirements	0	Number of recommendations:	0
4.6 Is the service well led?			

Premises related policies and documentation are retained in a manner which is accessible to relevant people.

Arrangements are in place for managing premises related incidents/notifiable events and Medical Device and Equipment Alerts.

The registered person has dealt appropriately with previous RQIA QIP items and other relevant issues relating to the premises and has been adequately supported and resourced by the registered responsible person.

There are appropriate relationships with maintenance personnel, specialist contractors and other statutory regulators where appropriate.

This supports a well led service.

A number of issues were however identified for attention during this premises inspection. These are detailed in the 'areas for improvement' section below.

No areas for improvement were identified during the inspection.

Number of requirements 0	Number of recommendations: 0
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# 5.0 Quality improvement plan

There were no issues identified during this inspection, and a QIP is neither required, nor included, as part of this inspection report.

It should be noted that this inspection report should not be regarded as a comprehensive review of all strengths and areas for improvement that exist in the service. The findings reported on are those which came to the attention of RQIA during the course of this inspection. The findings contained within this report do not exempt the registered provider from their responsibility for maintaining compliance with the regulations and standards.





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 Image: Comparison of the system of the

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