Preparing Your Agency For Winter Pressures

07 November 2018, Silverbirch Hotel, Omagh

Theresa Nixon
(Director of Assurance, RQIA)



Background

- Every year we hear reports of 'winter pressures' on our health and social care services.
- Effective forward planning can benefit <u>your service</u> <u>users</u>, <u>your service</u> and help to reduce the pressures across the health and social care system.
- This is one of two workshops across Northern Ireland (the second took place yesterday in the Clayton Hotel, Belfast)



Objectives of Workshop:

- To understand the current approach of domiciliary care agencies to the management of winter pressures
- To support you to develop your contingency plans
- Collate and curate available resources to support domiciliary care agencies in preparing and planning for winter pressures – contingency planning



Range of Presentations for Agencies Workshops will be in 2 parts:

Part 1:

- Belfast Emergency Preparedness Group (Joan McCaffrey)
- Public Health Agency (PHA) (Alison Quinn)
- Regulation and Quality Improvement Authority (RQIA) medicines management (Frances Gault)

Part 2:

Northern Ireland Ambulance Service (NIAS) (Chris Clarke)



DoH Statistical Information Report, September 2017

As well as our role in registering and inspecting services, RQIA is also charged with assuring the quality of services provided in the HSC at large.

DoH Community Information Branch – statistical information about how many people receive domiciliary care, the age range and range of needs

https://www.health-ni.gov.uk/sites/default/files/publications/health/dcs-adults-ni-17_0.pdf



In a survey week in September 2017, 261,652 hours of Domiciliary Care were provided by Trusts in Northern Ireland

- 'The statutory sector provided 31% of domiciliary care contact hours, with 69% provided by the independent sector.
- During the survey week, there were 23,195 service users in receipt of domiciliary care.
- 78% of users elderly; 12% physical disability, 5% learning disability, 4% mental health needs; 1% 'other'
- Nearly nine-tenths (86%) of all clients receiving domiciliary care services received 6 or more visits (increase of 2% (327) since 2013).



Any Questions?



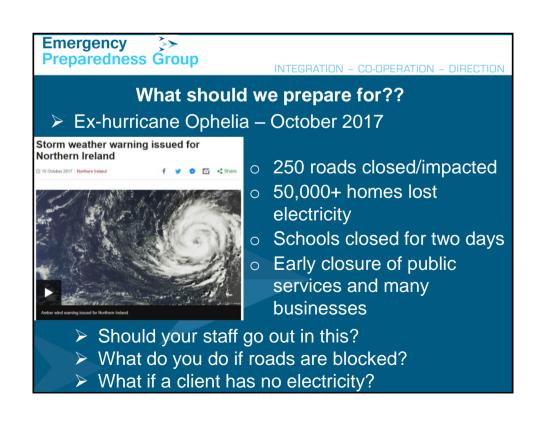


INTEGRATION - CO-OPERATION - DIRECTION

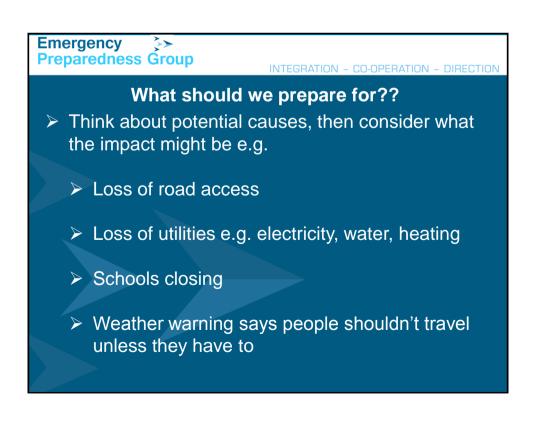
RQIA Workshop
Preparing for Winter Pressures
Be ready for emergencies

November 2018









Emergency >>> Preparedness Group

INTEGRATION - CO-OPERATION - DIRECTION

Some important questions

- > Do you have a business continuity plan?
- Do you have an emergency plan?
- > Have you tested either in the last year?
- Do you know what your internal and external escalation arrangements are if you need more help?
- Do you have a point of contact for your local Trust? What number would you call? Is it different during out of hours?
- If you are not sure it's a good time to check!

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Definitions

- Business Continuity Plan: Documented procedures that guide organisations to respond, recover, resume and restore to a pre-defined level of operation following a disruption or incident
- Incident: Situation that might be, or could lead to, a disruption, loss, emergency or crisis
- Every business's plan is different because they all have different aims, objectives and cultures

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Business Continuity is part of your day to day work

- What could affect your key services?
 - > A key member of staff is ill
 - A client is unwell and needs medical attention or has lost utilities in their home
 - A member of staff's car breaks down
 - A key supplier lets you down e.g. agency staff
 - Utilities are turned off at your offices for maintenance



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It can also escalate to deal with bigger issues:

- Several staff are ill
- There is an outbreak of an infectious disease amongst your clients
- Road access is affected across a wide area
- Loss of electricity/water/ phones in your area of operation
- Evacuation from your office or loss of your building











Business Continuity Plan - Key Aspects

- What are your critical services?
- What do you need to deliver these?
- Will you try to prevent something happening to these services or do something now to reduce the potential impact?
- If not, you need a specific plan for an incident
- How will you manage an incident?
- Who is trained to manage and respond to an incident?
- Is the plan embedded for day to day incidents?

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Emergency Plan

- An incident occurs
- ➤ How do you respond/escalate internally?
- What are the triggers for calling external support?
- What support do you need?
- What will the emergency services/other agencies do to help you?
- What do they need you to do to assist them?
- ➤ Once the emergency is over the business reverts to the Business Continuity Plan:
 - What are your priorities for getting back to normal and how will you do this?

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Hints & Tips

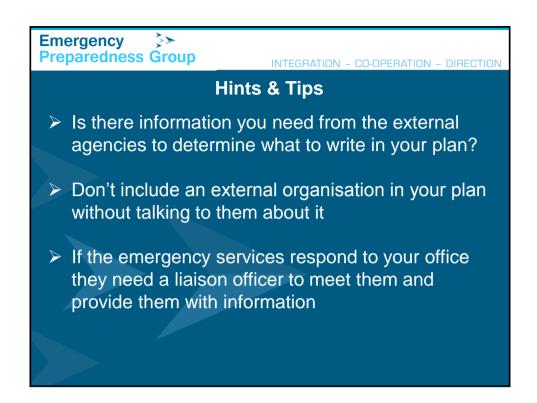
- You are best placed to write your plans as you know your organisation, your staff, your clients and your area of operation
- You must have a plan for day to day emergencies
- In some emergencies a risk assessment and plan may be needed for each individual client to determine what action is best for them – and this may need done quickly at the time
 - Do you know each clients needs, risks and vulnerabilities e.g. will access be more difficult, do they have any family support?

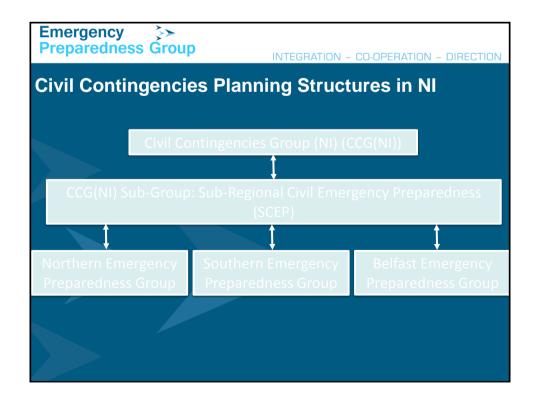
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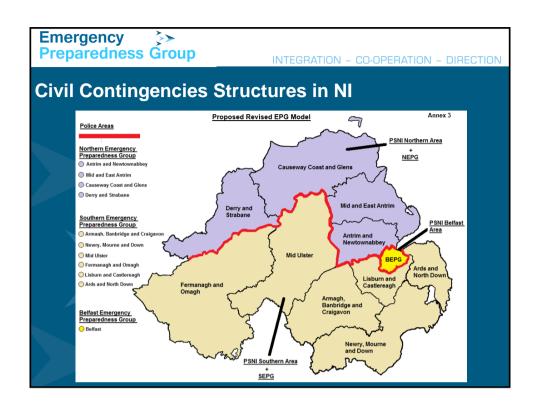
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Hints & Tips

- If your plan says you will do something write down HOW it will be done and test this with a walkthrough
- Plans must be more robust for night time, weekends and holiday periods
- All plans must be used flexibly by staff who are trained well and know to adjust the plan if needed









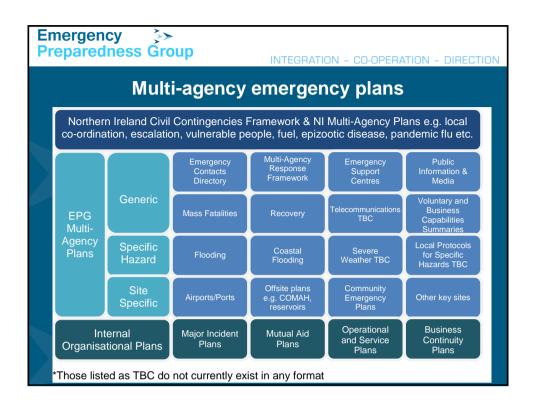
- A multi-agency group to bring together those who can help the public before, during and after emergencies
- Takes an integrated emergency management approach covering all hazards e.g.
 - Severe weather
 - Human and animal health emergencies
 - Fires/industrial accidents/
 - Major transport accidents
 - Public disorder/strikes
 - Loss of critical infrastructure/utilities
- Over 80 organisations take part in the three EPGs

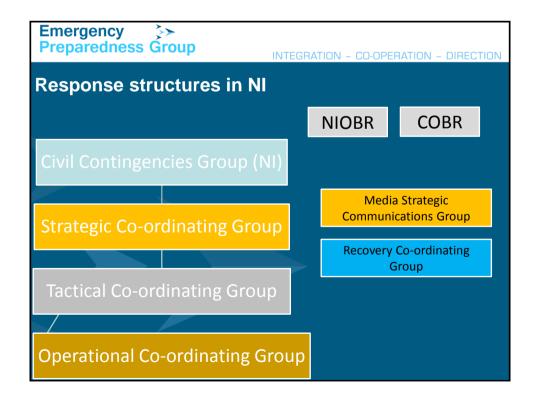


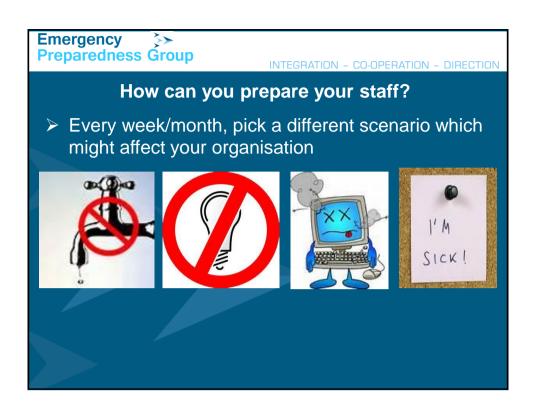


What do EPGs do?

- Conduit to assist organisations to prepare to help each other and the public during incidents. This work includes:
 - ➤ Building relationships and contacts (including an emergency contacts directory)
 - Maintaining the local risk assessment
 - Producing multi-agency plans to address these risks
 - Addressing the practicalities of delivering the plans
 - > Keeping an eye on what events are in their area
 - Keeping a list of multi-agency incidents and lessons learned
 - Arranging multi-agency training/exercises



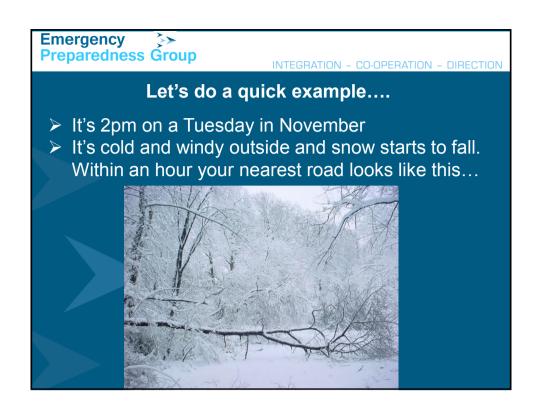






How can you prepare your staff?

- > Spend five or ten minutes talking through:
 - > How it could affect your normal services
 - What would you do to try to continue as normal
 - Would you need to seek outside help
 - Who could help with this
- Make sure you practice your response occasionally – it's the detail that will trip you up e.g. reliance on a key member of staff who isn't there, not being able to contact people as their phone number has changed





A quick example.....

- Spend ten minutes talking through:
 - Would you have known this was coming?
 - ➤ How would this affect your services?
 - What would you do to try to continue as normal?
 - Would you need to seek outside help and if so, what would be the trigger? Who would you call?
 - Would your answers change if the Met Office had issued an amber warning telling people only to travel where necessary?

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Hints & Tips

- You can register to receive weather alerts from Met Office and download their app for more information
- Staff need to know what a weather alert means to them and you need to know what it means for your services – or how to get more information/escalate if you can't deliver services as usual
- You can check if there is a risk of flooding in your operational areas at https://www.infrastructure-ni.gov.uk/articles/what-flood-maps-ni

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Hints & Tips

- ➤ It is essential that you have a grab bag with key information e.g. site layout, next of kin/staff contact information, service user medication/care needs in case you have to leave your offices and need this information
- All staff including bank and agency staff need to be trained in the organisation's emergency arrangements
- External agencies will not understand the intricate needs of your organisation and clients – you need to tell them



Any questions??

Thank you for listening

If you need any further information please contact:

Joan McCaffrey <u>mccaffreyj@belfastcity.gov.uk</u> Ray Hall <u>Ray.Hall@fermanaghomagh.com</u>



Improving Your Health and Wellbeing

Seasonal Influenza 2018/19

Management of Flu-like Illness (FLI) &
Seasonal Flu Vaccination



Aims and Objectives

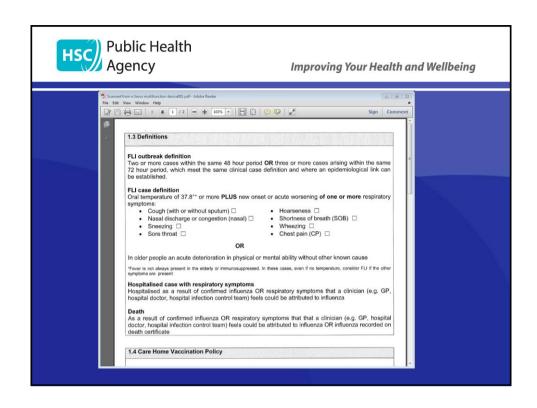
- Overview of role of Public Health
- Completion of risk assessment
- Review IPC advice

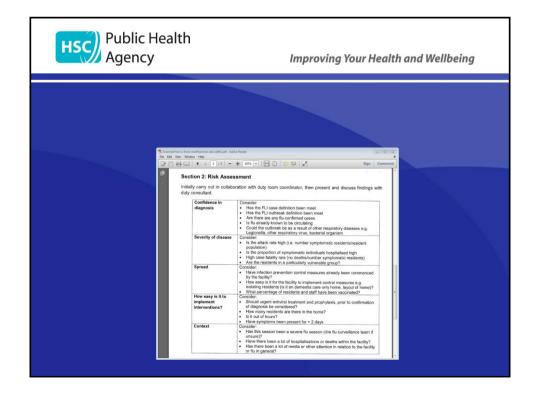


Improving Your Health and Wellbeing

Public Health Objectives

- Early recognition of FLI / Outbreak
- Early recognition of influenza through timely investigations
- Initiation of Prompt outbreak control measures to prevent further spread
- Early treatment / prophylaxis with antiviral medication if appropriate







Vaccination

- Consider vaccination policy
- Number of clients vaccinated
- Number of staff vaccinated





IPC Advice

Isolation

Hand hygiene

PPE

Environmental/equipment decontamination

Waste management

Laundry management



Improving Your Health and Wellbeing

Isolation/containment

- Isolate affected client within own home
- Risk assess
- Cohort staff to symptomatic/asymptomatic clients
- Restrict visiting facilitate hand hygiene points



IPC continued

- Environmental decontamination (twice daily)
- Equipment decontamination (single use equipment, nebuliser mask etc)
- Use of chlorine releasing product
- Waste Management
- Laundry Management

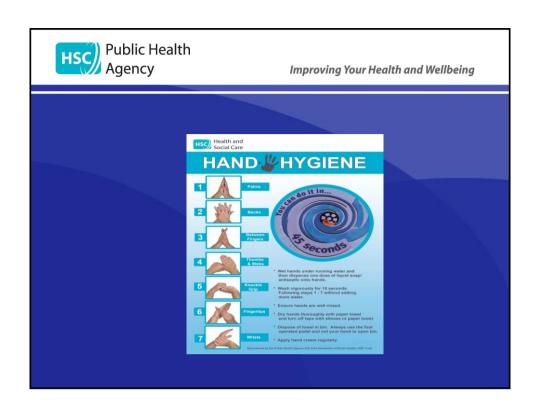
https://www.niinfectioncontrolmanual.net/

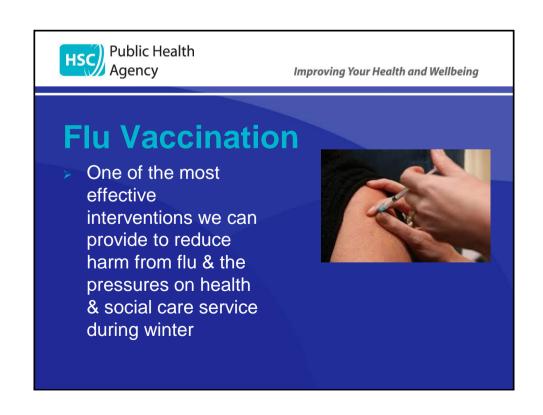


Improving Your Health and Wellbeing

Personal Protective Equipment

- Gloves
- Aprons
- Appropriate use and removal
- Encourage residents to use disposable tissue (catch it, bin it, kill it)







Flu season 2017/18



39 confirmed flu outbreaks

119 cases confirmed flu (ICU/HDU)

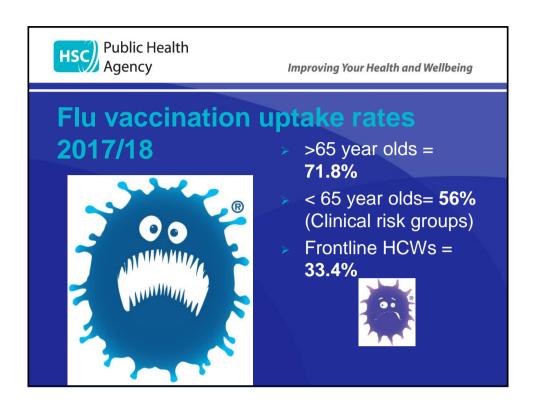
- 22 cases died
- 60 eligible for flu vaccine
- Only 30 vaccinated



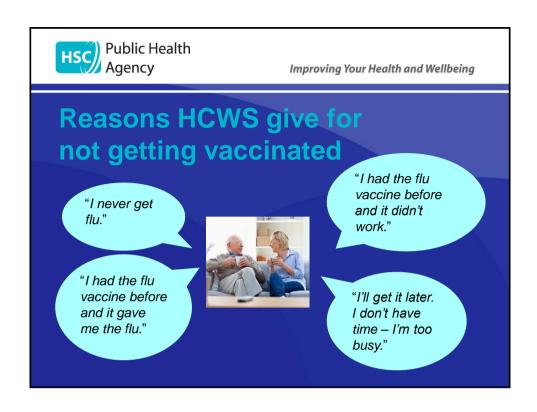
Improving Your Health and Wellbeing

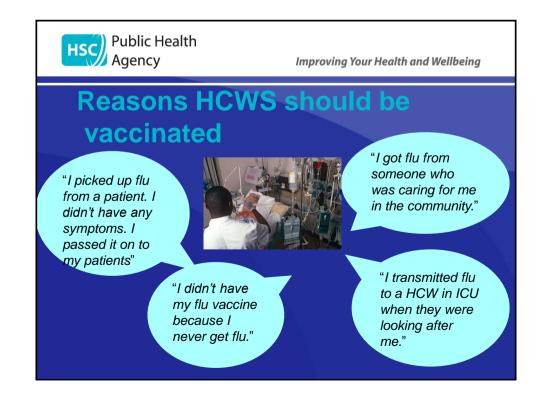
Why should HCWs have their flu vaccine?

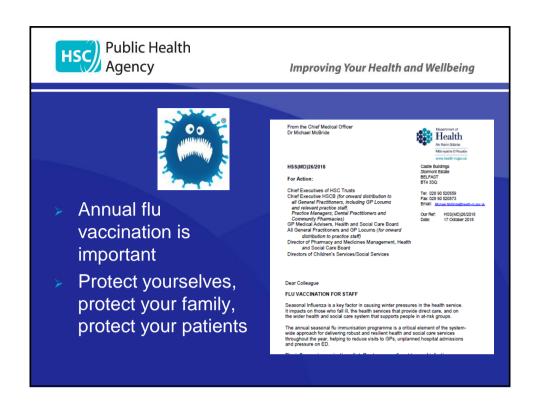
- Lower rates of staff vaccination
 - increased patient deaths
- Up to 50% flu infections= asymptomatic.
 Staff moving from patient to patient could be spreading flu
- Patients more likely to get vaccinated if HCWs have been vaccinated
- Reduced staff sickness

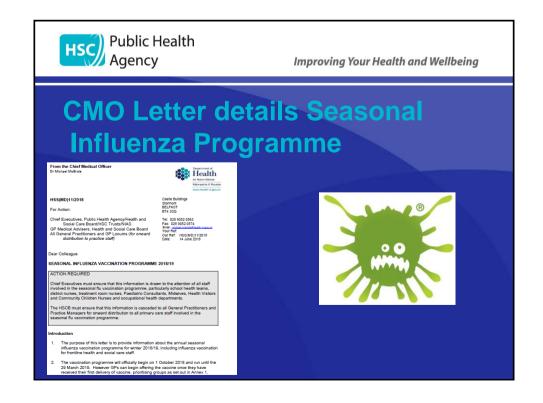














FAO: Domiciliary Care Agencies



Date: September 2018

To: Domiciliary Care Workers



Dear Colleague

Re: Clinic Times for Seasonal Influenza (Flu) Vaccine for Staff

I am writing to invite you to avail of the Seasonal Influenza (flu) vaccine for winter 2018/19. Details of flu clinics organised by occupational health in all five health and social care Trust areas have been attached to this email. In addition to this an information leaflet and posters designed to promote vaccine uptake in Healthcare workers has also been attached.

The vaccine is available free of charge to all staff who have direct contact with people in their own homes. The attached form can be



Improving Your Health and Wellbeing

Resources

- CMO letter details seasonal influenza vaccination programme for 2018/19
- The Green Book chapter 19
- Flu training (audio with slides & PDF version of slides with speaker notes) & flu factsheet
- SPC FLUAD ®
- SPC Sanofi Pasteur Quadrivalent Inactivated Vaccine @





RQIA Pharmacist Team

- · One senior inspector
- Five pharmacist inspectors
- Inspect a range of different services including: nursing homes, residential homes, children's homes, hospitals, prisons



Facts vs Fiction



Points of Reference

- The Domiciliary Care Agencies Regulations (NI) 2007
- Domiciliary Care Agencies Minimum Standards 2011
- Managing medicines for adults receiving care in the community. NICE Guidance,
 30 March 2017
- Prompting, assisting and administration of medication in a care setting: guidance for professionals Care Inspectorate March 2015



RQIA Guidance

- 2009: Guidance on medicines to help agencies develop their policies and procedures as part of the registration process
- 2010: Evaluation of the Management of Medicines in Domiciliary Care Agencies
- 2018: Sharing innovation and good practice





What is a Medicine?

All prescription and non prescription healthcare treatments such as oral medicines, topical medicines, inhaled products, injections, wound care products, appliances and vaccines.



Governance for Safe Practice

- Assessment of service users' needs and preferences
- Clear agreement between trust and providers about level of support to be provided
- Detailed medicine policy in place that reflects all aspects of how staff manage medicines



Audit? The Regulation and Quality Improvement Authority

Assessing Medicines Support Needs

- Are service users and their families (if appropriate) involved in the decisions about their care?
- What help/support is needed by the service user?
- · Record the discussions and agreements
- · Details should be in the care plan



Record Keeping

- · Accurate and up to date
- Systems in place for making changes if medicines change
- Record level of support provided
- · Record if medicines not taken
- Agreement about process if both agency and family administer medicines e.g. pain relief



Managing Concerns

- Medicines can be complex
- Service users may have several health conditions
- · They may take multiple medicines
- Do you and staff know how and where to raise any concerns?
- Arrangements in place to report to trust and manager when medicines are administered incorrectly.



Compliance Aid Web: Thu: FRI: SAT: SUN: 7990M FERNICAL SATE SUN: 9910M FOR Regulation and Quality Improvement Authority



Levels of Help and Support

Can vary over time depending on the service users health and capability.

May involve:

- Prompting
- Assisting
- · Administration of medicines



Prompting

The action of saying something to persuade, encourage or remind someone to do or say something.



Assisting with Medicines

- Ordering and collecting repeat prescriptions
- · Collecting dispensed medicines
- Bringing medicines to a person at their request so that they can take their medicine
- Opening bottles or packets including multicompartmental compliance aids at the request and direction of the person
- Reading labels and checking time as requested by service user



Administration of Medicines

Service user cannot take responsibility and care staff are involved to ensure that the service user gets:

- · The correct medicine
- · At the correct time
- In the correct way



Roles not Usually Undertaken by Care Staff

- · Rectal administration of suppositories
- · Insulin given by pre filled PEN devices
- · Administration through a PEG tube



Covert Administration

- Giving medicines without the service users knowledge
- Consider Human Rights
- If necessary, clear discussion, agreement and care plan should be in place



Ordering, Supplying, Storing and Disposal of Medicines

- Responsibility usually stays with service user and/or their family
- There should be clear agreement if other processes are in place



Training and Competency

- · Resources:
 - o NICE
 - o National Care Forum
- What do they have to do?
- Trained and competent for the tasks undertaken
- · Is it detailed in the care plan?
- Know what to do if there is a problem





Controlled Drugs

- It is a prescribed medicine
- Is there a difference in what you do?
 - o Paracetamol tablets vs MST tablets
 - o Pain patch vs Butrans patch



Common Issues

- Missed calls
- · Social activities
- Storage



Quality Improvements across Northern Ireland

Health and Wellbeing 2026:Delivering Together

Medicines Optimisation Quality Framework



Medicines Optimisation

NICE definition

A person centred approach to safe and effective medicine use to ensure the best possible outcomes from their medicines.



Medicines Optimisation Quality Framework

Medicines optimisation model

Describes what patients can expect when medicines are included in their care plan in each of four different settings. hospital, general practice, pharmacy, social care.

Quality standards

Describe the best practices that should be delivered in each setting, identifies the gaps in best practice and the actions needed to address them in order to deliver high quality outcomes when medicines are prescribed, dispensed or administered.

Implementation through integrated innovation and change programme

Which will identify test and scale up models of best practice.



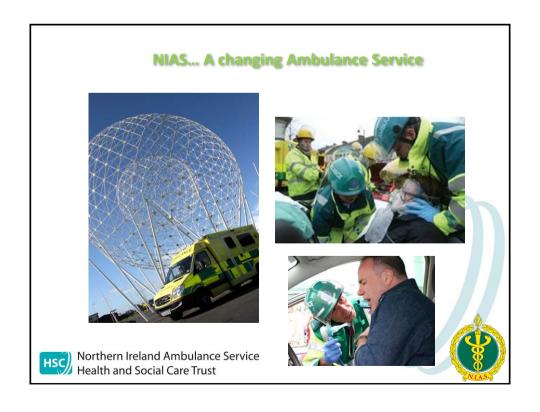
Summary

- Everyone is an individual
- · One size does not fit all
- There are no black and white answers

REMEMBER.....
Trained competent staff
Risk assess the task









- Provides pre hospital care for a population of 1.8 million over an area of 5,450 square miles
- 59 ambulance stations / deployment points
- 2 Ambulance Control Centres (Emergency & Non-Emergency)
- 1 Regional Education & Training Centre
- 313 ambulance vehicles
- Employs in excess of 1200 staff



What We Do Emergency Service



In 2016-17 NIAS responded to **210,027** emergency calls

That's over 570 calls per day and 23 calls per hour



We have 60 A&E Ambulances & 20 Paramedic Rapid Response Vehicles (RRV's) on duty per day



Increasing demand 4.87% 4.87% on previous year





In 2016-17 NIAS made 210,027 patient transfers



An average of **545** patients transported per day





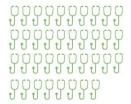








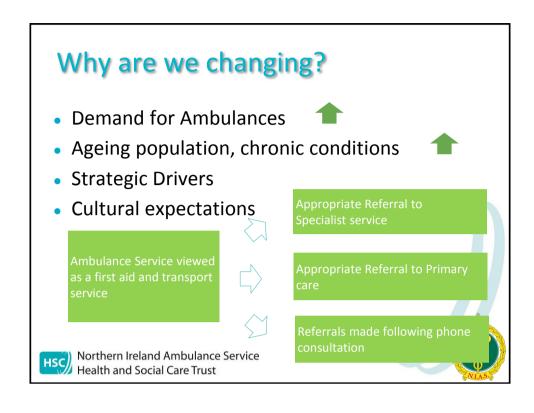




We have 65 Non Emergency Ambulances

Approx 38,000 transport requests from GPs





1	HCP ADMISSION	68,543	31.78
2	FALLS	23,121	10.72
3	SICK PERSON (Specific Diagnosis)	14,292	6.63
4	BREATHING PROBLEMS	12,804	5.94
5	CHEST PAIN (Non-Traumatic)	12,789	5.93
6	UNCONSCIOUS / FAINTING (Near)	10,193	4.73
7	CONVULSIONS / FITTING	8,275	3.84
8	OVERDOSE / POISONING (Ingestion)	6,552	3.04
9	PSYCH / ABN BEHAVIOUR / SUICIDE AT	6,441	2.99
10	ABDOMINAL PAIN/PROBLEMS	5,319	2.47
11	AMPDS Manual Over-ride	5,215	2.42
12	TRAFFIC / TRANSPORTATION INCIDENTS	5,025	2.33
13	HAEMORRHAGE / LACERATIONS	4,751	2.20
14	STROKE (CVA)	4,670	2.16
15	TRAUMATIC INJURIES (Specific)	4,207	1.95
16	ASSAULT / SEXUAL ASSAULT	3,944	1.83
17	UNKNOWN	2,968	1.38
18	CARDIAC / RESPIRATORY ARREST/DEATH	2,148	1.00
19	Unknown - User Left Call	1,888	0.88
20	DIABETIC PROBLEMS	1,837	0.85

Challenges

- 45% over 65
- 19,000 calls to care homes
- 24,000 falls related calls





Average age of NIAS staff 54% over 45



Challenges

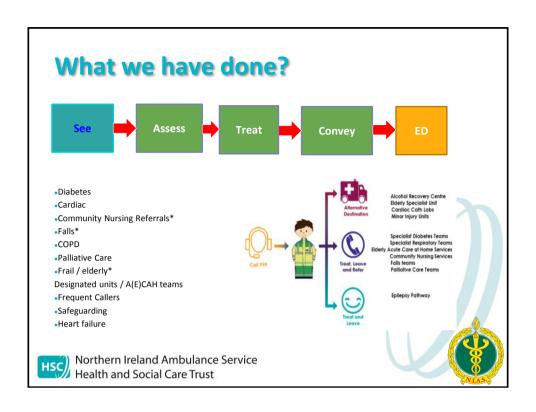
- Devious / they lie
- Poor historian's
- Co-morbidities
- Socially isolated
- Polypharmacy
- Advanced care plans
- Paramedic education tra
- ECR

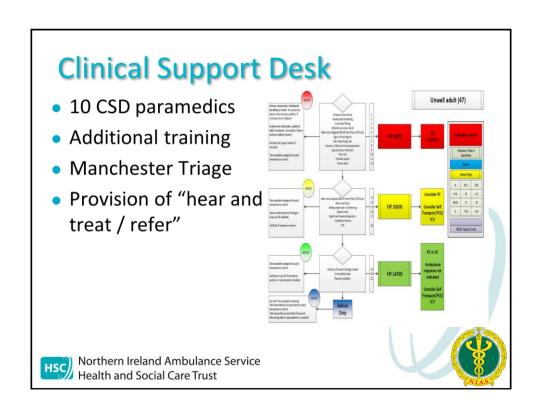












What we are doing

- PACR
- Frailty screening
- Delirium training
- Clinical Education Centre
- Joint training with consultant geriatrician
- Care bundles
- Social prescribing community hubs
- University training



Northern Ireland Ambulance Service
Health and Social Care Trust

Falls Response Team

- Pilot to See/Treat/Discharge at point of call for Fall calls
- Occupational Therapist and Paramedic
- Belfast Trust Area
- Funding 3/12 pilot



Northern Ireland Ambulance Service
Health and Social Care Trust

New Clinical Response Model

1. Identifying the Sickest Quickest Quickest Quickest Quickest 2. Getting to the Sickest Right Resource First Time Patient Care

- Based on AACE Ambulance Response Programme (ARP)
- Patient Based Outcomes not Time Focus Outcomes -Improves patient care & saves more lives
- Helps with the continuing increase in demand exceeding capacity of available resources;
- •New Priority Call Categories: 1,2,3,4







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Northern Ireland Ambulance Service Health and Social Care Trust

What Questions?



Northern Ireland Ambulance Service Health and Social Care Trust

General Discussion and Closing Remarks

Theresa Nixon

(Director of Assurance, RQIA)

