

Inspection Report

26 September 2024



Brooklands Healthcare Kilkeel

Type of service: Nursing Home
Address: 10 Newry Road, Kilkeel, BT34 4DT
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Assurance, Challenge and Improvement in Health and Social Care

Information on legislation and standards underpinning inspections can be found on our website <https://www.rqia.org.uk/>

1.0 Service information

<p>Organisation/Registered Provider: Brooklands Healthcare Ltd</p> <p>Responsible Individual: Mr Jarlath Conway</p>	<p>Registered Manager: Ms Sharon Troughton</p> <p>Date registered: 18 June 2020</p>
<p>Person in charge at the time of inspection: Ms Sharon Troughton</p>	<p>Number of registered places: 48</p> <p>Maximum number of persons in each category as follows: Ground Floor: NH-DE – 14, NH-MP(E) – 1, First Floor: NH-I – 27, NH-LD – 2, NH-LD(E) – 1, NH-PH – 1, NH-PH(E) – 2. There shall be a maximum of 2 named residents receiving residential care in category RC-I</p>
<p>Categories of care: Nursing Home (NH) I – Old age not falling within any other category. DE – Dementia. MP(E) - Mental disorder excluding learning disability or dementia – over 65 years. LD – Learning disability. LD(E) – Learning disability – over 65 years. PH – Physical disability other than sensory impairment. PH(E) - Physical disability other than sensory impairment – over 65 years.</p>	<p>Number of patients accommodated in the nursing home on the day of this inspection: Not reviewed</p>
<p>Brief description of the accommodation/how the service operates: This home is a registered nursing home which provides nursing care for up to 48 persons. The home is divided in two units. Moss Rose Suite, on the ground floor which provides care for people with dementia and first floor which provides general nursing care. Patients' bedrooms are located over both floors. Patients have access to communal lounges, dining rooms and a garden. There is also a registered residential care home under the same roof and the manager for this home manages both services.</p>	

2.0 Inspection summary

An announced inspection took place on 26 September 2024 from 2.50pm to 3.50pm by an estates and care inspector. This was in association with the works contained in variation VA012237 to increase the number of beds to accommodate patients who have a dementia from 14 to 16 beds which in turn would increase the number of overall registered places to 50.

This inspection was underpinned by The Nursing Homes Regulations (Northern Ireland) 2005 and the Department of Health, Social Services and Public Safety (DHSSPS) Care Standards for Nursing Homes (April 2015).

The estates inspector reviewed the building services maintenance records, test certificates and associated documents, and completed a review of the building fabric & finishes. It was confirmed from a care perspective that the additional rooms were appropriately prepared for registration with RQIA.

No areas for improvement were identified and the variation application was approved for patient use.

3.0 How we inspect

RQIA's inspections form part of our assessment of the quality of services. Our reports reflect the performance at the time of our inspection, highlighting both good practice and any areas for improvement.

It is the responsibility of the service provider to ensure compliance with legislation, standards and best practice, and to address any deficits identified during our inspections. The inspection consisted of a review of estates related documents held in the home and submitted by the provider prior to the inspection. A visual inspection of the internal and external accommodation was completed and any issues identified during the inspection were discussed with the registered manager at the conclusion of the inspection.

As part of the inspection, we also considered and/or reviewed the following range of information:

- The statement of purpose
- The service user guide
- Planned staffing levels
- Governance

4.0 The inspection

4.1 What has this service done to meet any areas for improvement identified at or since last inspection?

The last inspection to Brooklands Kilkeel Nursing Home was undertaken on 16 January 2024 by a care inspector; no areas for improvement were identified.

4.2 Inspection findings

4.2.1 Estates

The additional accommodation was found to have been constructed, decorated and presented to a high standard, and suitably furnished throughout. The bedrooms, en-suites and all communal spaces were found to exceed the current Department of Health (DoH) Care Standards with regards to area and critical dimensions.

A range of documents relating to the commissioning and maintenance of the premises mechanical & electrical engineering installations, were presented for review. This documentation included various inspection and test reports, including for the fire detection system, emergency lighting installation, and portable fire-fighting equipment.

The current fire risk assessment, undertaken by a suitably accredited fire risk assessor, rated current fire safety within the premises as 'Tolerable'. Fire safety maintenance and test records verified that the premises physical fire safety installations had been suitably commissioned and were being appropriately maintained.

A current legionella risk assessment was in place, and this had been revised to include the additional accommodation. Suitable control measures have been implemented and are currently being maintained by the provider. All seldom used water outlets are flushed in accordance with the water safety risk assessment by staff within the home.

4.2.2 Care

The planned works had been completed to a high standard and in accordance with Care Standards for Nursing Homes (December 2022). The bedrooms were furnished well and attractively decorated ready to receive patients. The manager confirmed that staffing arrangements would be reviewed regularly in line with the dependency levels of patients, including any pending admissions. Checklists were in place to evidence checks made on patients to ensure that they were adequately supervised. The patients in the new rooms had access to the dining/lounge area. Other rooms off the corridor which contained hazards were appropriately locked.

A planned schedule of audits was already in place to ensure the governance and monitoring of the quality of care and other services provided in the home. The home was visited each month by a representative of the responsible individual to consult with patients, their relatives and staff and to examine all areas of the running of the home. The reports of these visits are available for review by patients, their representatives, the Trust and RQIA.

4.2.3 Statement of purpose and patient guide

The statement of purpose and patients' guide were submitted to the RQIA prior to the pre-registration visit. The documents were found to be reflective of the care and service provision within the home.

5.0 Quality Improvement Plan/Areas for Improvement

This inspection resulted in no areas for improvement being identified. Findings of the inspection were discussed with the management team as part of the inspection process and can be found in the main body of the report.



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