



RQIA Provider Guidance 2024-2025 Independent Clinic Private Doctor Service

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Assurance, Challenge and Improvement in Health and Social Care

## What we do

The Regulation and Quality Improvement Authority (RQIA) is the independent body that regulates and inspects the quality and availability of Northern Ireland's health and social care (HSC) services. We were established in 2005 under The Health and Personal Social Services (Quality, Improvement and Regulation) (Northern Ireland) Order 2003 to drive improvements for everyone using health and social care services.

Through our programme of work, we provide assurance about the quality of care; challenge poor practice; promote improvement; safeguard the rights of service users; and inform the public through the publication of our reports. RQIA has four main areas of work:

- We register and inspect a wide range of independent and statutory health and social care services.
- We work to assure the quality of services provided by the Strategic Planning and Performance Group (SPPG), HSC trusts and agencies through our programme of reviews.
- We undertake a range of responsibilities for people with mental ill health and those with a learning disability.
- We support establishments and service providers to improve the service they deliver.

All work undertaken by RQIA is focused on the following four domains:

- Is care safe?
- Is care effective?
- Is care compassionate?
- Is the service well led?

RQIA registers, inspects and supports a wide range of health and social care services. These include: nursing, residential care, and children's homes; domiciliary care agencies; day care settings/centres; independent hospitals; independent clinics; independent medical agencies; nursing agencies; residential family centres; adult placement agencies; voluntary adoption agencies, school boarding departments and young adult supported accommodation (inspected only).

## The four domains

#### Is care safe?

Avoiding and preventing harm to service users from the care, treatment and support that is intended to help them.

#### Is care effective?

The right care, at the right time in the right place with the best outcome.

# Is the service well led?

Effective leadership, management and governance which creates a culture focused on the needs and the experiences of service users in order to deliver safe, effective and compassionate care.

#### Is care compassionate?

Service users are treated with dignity and respect and should be fully involved in decisions affecting their treatment, care and support.

## How we will inspect

We will inspect every private doctor service at least annually. Our inspectors are most likely to carry out an announced inspection, however from time to time we may carry out an unannounced inspection in response to concerns that may be raised with us.

When we inspect a private doctor service we aim to: provide assurances in respect of the standard, quality and safety of services delivered. We do this by:

- Seeking the views of the people who use the service, or their representatives.
- Talking to the management and other staff on the day of the inspection.
- Examining a range of records including care records, incidents, complaints and policies.
- Providing feedback on the day of the inspection to the registered person/manager on the outcome of the inspection.
- Providing a report of our inspection findings and outline any areas for quality improvement.

Our inspections are underpinned by:

- <u>The Health and Personal Social Services (Quality, Improvement and Regulation) (Northern</u> <u>Ireland) Order 2003</u>
- The Independent Health Care Regulations (Northern Ireland) 2005
- <u>The Regulation and Improvement Authority (Independent Health Care) (Fees and Frequency of Inspections) (Amendment) Regulations (Northern Ireland) 2011</u>
- <u>The Regulation and Improvement Authority (Independent Health Care) (Fees and Frequency of Inspections) (Amendment) Regulations (Northern Ireland) 2022</u>
- <u>The Department of Health (DOH) Minimum Care Standards for Healthcare Establishments</u> July 2014

Provider guidance in respect of the maintenance and upkeep of the premises and the management of medicines are also available on our website and are currently under review. These documents should be reviewed to ensure compliance with the minimum standards and legislation.

Should you have additional categories of care, please ensure that you review and adhere to the relevant provider guidance document i.e. cosmetic laser services.

## What we look for when we inspect

To help us to report on whether the care is safe, effective, compassionate and well led, we will look for evidence against the following indicators:

### Is care safe?

#### Avoiding and preventing harm to service users from the care, treatment and support that is intended to help them.

#### **Indicator S1**

There are, at all times, suitably qualified, competent and experienced persons working in the service in such numbers as are appropriate for the health and welfare of service users.

#### Examples of evidence

#### Staffing

- There are sufficient numbers of staff in various roles to fulfil the needs of the private doctor service and patients.
- There are arrangements in place for maintaining a record of the shifts worked by each staff member to include a record of the hours worked by each person.
- There is an induction programme in place appropriate to the role.
- A system is in place to ensure staff receive annual appraisals and records are retained.
- A system is in place to ensure all staff receives appropriate training to fulfil the duties of their role including professional body Continuing Professional Development (CPD) recommendations, and in keeping with RQIA training guidance, records should be retained.
- There are arrangements for monitoring the professional registration status of clinical staff, records should be retained.
- There are arrangements in place for monitoring the professional indemnity of all staff who require individual indemnity cover, records should be retained.
- Evidence that each private doctor has confirmation of identity; current General Medical Council (GMC) registration; professional indemnity insurance; qualifications in line with services provided; evidence of ongoing professional development; and continued medical education that meets the requirements of the Royal Colleges and GMC.
- Evidence that each private doctor has an appointed responsible officer (RO).
- Arrangements are in place to link into the wider system of RO's for doctors with practising privileges who work in other parts of the Northern Ireland (NI) healthcare system or in other healthcare systems beyond NI.
- Arrangements are in place to ensure that any newly appointed private doctor has notified their aligned RO of their new position.
- Evidence of arrangements for revalidation.
- Each private doctor is aware of their responsibilities under <u>Good medical practice 2024 -</u> <u>GMC</u> and <u>'Good practice in prescribing and managing medicines and devices'.</u>
- Arrangements are in place to ensure the full appraisal document for each medical practitioner is reviewed and scrutinised by the registered person before granting or renewing practising privileges and a record retained.

#### **Recruitment and selection**

• Staff have been recruited in line with Regulation 19 (2) Schedule 2 of The Independent Health Care Regulations (Northern Ireland) 2005, as amended.

- There is a written policy and procedure for staff recruitment in keeping with Regulation 19 (2) Schedule 2 of The Independent Health Care Regulations (Northern Ireland) 2005.
- Staff personnel files are in keeping with 19 (2) Schedule 2, as amended.
- Enhanced AccessNI checks are received prior to all new staff commencing work.
- All staff involved in <u>Regulated Activity with adults</u> or <u>Regulated Activity with children</u> must have their enhanced AccessNI disclosure checked against the barred list in keeping with <u>AccessNI code of practice</u>.
- Recruitment and selection records should be retained for three years from the date of last entry in keeping with Regulation 21 (3) Schedule 3 Part II.
- An up to date staff register should be maintained and retained in keeping with Regulation 21 (3) Schedule 3 Part II.

#### **Indicator S2**

The service promotes and makes proper provision for the welfare, care and protection of service users.

#### Examples of evidence

#### Safeguarding - Adult

- Policies and procedures are in line with the regional <u>Adult Safeguarding Prevention and</u> <u>Protection in Partnership policy (July 2015)</u> and <u>Northern Ireland Adult Safeguarding</u> <u>Partnership operational handbook June 2017</u>.
- The establishment has identified an adult safeguarding champion (if required).
- There is an identified safeguarding lead and staff are aware of who the safeguarding lead is.
- There are arrangements in place to embed into practice the regional adult safeguarding operational procedures.
- All staff receive the relevant level of training as outlined in RQIA training guidance.
- Staff should have training in keeping with the <u>Northern Ireland Adult Safeguarding</u> <u>Partnership Training Strategy 2013 (revised 2016)</u>
- Staff are knowledgeable about adult safeguarding and are aware of their obligations in relation to raising concerns.
- All suspected, alleged or actual incidents of abuse are fully and promptly referred to the relevant persons and agencies for investigation in accordance with procedures and legislation and written records must be retained.
- Where shortcomings are highlighted as a result of an investigation, learning arising should be assessed, implemented and quality assured.
- Staff are familiar with their responsibilities and know how to appropriately recognise poor practice and raise concerns.

#### Safeguarding - Children

- Policies and procedures are in line with the regional policy <u>Co-operating to Safeguard</u> <u>Children and Young People in Northern Ireland, (August 2017)</u> and <u>Safeguarding Board for</u> <u>Northern Ireland (SBNI) Procedures Manual (November 2017)</u>.
- There is an identified safeguarding lead and staff are aware of who the safeguarding lead is.
- There are arrangements in place to embed into practice the regional procedures.
- All staff receive the relevant level of training as outlined in RQIA training guidance.
- Staff training should be in keeping with <u>SBNI Child Safeguarding Learning and Development</u> <u>Strategy and Framework 2020 – 2023</u>.
- Staff are knowledgeable about safeguarding children and are aware of their obligations in relation to raising concerns.

- All suspected, alleged or actual incidents of abuse are fully and promptly referred to the relevant persons and agencies for investigation in accordance with procedures and legislation and written records must be retained.
- Where shortcomings are highlighted as a result of an investigation, learning arising should be assessed, implemented and quality assured.
- Staff are familiar with their responsibilities and know how to appropriately recognise poor practice and raise concerns.

#### **Indicator S3**

There are systems in place to ensure that unnecessary risks to the health, welfare or safety of service users are identified, managed and where possible eliminated.

#### **Examples of evidence**

#### Management of medical emergencies

- A policy in relation to the management of medical emergencies is in place (to include a risk assessment, training arrangements, provision of equipment, emergency medication, checking procedures, how to summon help, incident documentation and staff debriefing).
- Procedures in relation to the management of medical emergencies are in place.
- Emergency medicines and equipment are available in accordance with <u>British National</u> <u>Formulary</u> (BNF) and the <u>Resuscitation Council (UK)</u>
- A robust system is in place for checking expiry dates of medicines and equipment by an identified individual.
- Management of a medical emergency is included in induction and update training is provided annually.
- Staff have knowledge and understanding of managing a medical emergency.

#### Infection prevention control and decontamination procedures

- The environment is clean and clutter free.
- Infection prevention and control (IPC) policies and procedures are in place in keeping with <u>The Northern Ireland Regional Infection Prevention and Control Manual</u>.
- All staff receive training in infection prevention and control that is commensurate with their role and responsibilities.
- Records of training, which meet GMC CPD recommendations, should be retained.
- Staff have knowledge and understanding of IPC procedures in line with best practice.
- The risk of cross infection to patients, staff and visitors is minimised by single use equipment or decontamination of reusable medical devises and equipment in line with manufacturer's instructions and current best practice.
- There are written guidelines for staff on making referrals for advice and support to infection control nurses, microbiology services and public health medical staff who have expertise in infection prevention and control.
- There is information available for infection prevention and control for patients their representatives and staff.

#### COVID-19

- Staff should have knowledge and understanding and adhere to the most up to date DoH guidance.
- Arrangements are in place to routinely review the websites listed below: Public Health Agency (PHA) Covid-19 webpage:

https://www.publichealth.hscni.net/covid-19-coronavirus Northern Ireland (NI) direct Covid-19 webpage: https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19

#### Risk management

- There are risk management procedures in place.
- All risks in connection with the establishment, treatment and services are identified, assessed and managed.
- Arrangements are in place to provide evidence of appropriate review of risk assessments.
- Any findings/learning arising from risk assessments should be implemented and assured.
- An overarching corporate risk register is in place which details the measures in place to mitigate and control identified risks.

#### **Indicator S4**

The premises and grounds are safe, well maintained and suitable for their stated purpose.

#### **Examples of evidence**

#### Environment

- The establishment is clean, clutter free, warm and pleasant.
- There are no obvious hazards to the health and safety of patients and staff.
- There are arrangements in place in relation to maintaining the environment (e.g. servicing of lift/gas/boiler/fire detection systems/fire-fighting equipment/fixed electrical wiring installation/ legionella risk assessment).
- Arrangements are in place to ensure that environmental risk assessments are reviewed on an annual basis.
- Any findings/learning arising from risk assessments should be implemented and assured.

### Is care effective?

#### The right care, at the right time in the right place with the best outcome.

#### **Indicator E1**

The service responds appropriately to and meets the assessed needs of the people who use the service.

#### **Examples of evidence**

#### **Clinical records**

- Arrangements are in place for maintaining and updating clinical records.
- The treatment plan is developed in consultation with the patient and includes information about the costs of treatment, options and choices.
- Record keeping is in accordance with legislation, standards and best practice guidance <u>GMGR records management</u>.
- A policy and procedure which complies with the GMC guidance and Good Medical Practice is available which includes the arrangements in respect of the creation, storage, recording, retention, disposal of records and data protection.
- Records are securely stored (electronic and hard copy).

- The private doctor service is registered with the Information Commissioners Office (ICO).
- There are systems in place to audit the completion of clinical records and an action plan is developed to address any identified issues.
- The private doctor and staff have good knowledge of effective records management.
- The establishment has arrangements in place to comply with the <u>General Data Protection</u> <u>Regulation (GDPR)</u> legislation.
- A patient register in keeping with Schedule 3 Part II of the Independent Health Care Regulations (Northern Ireland) 2005 is maintained and kept-up to date.

#### **Indicator E2**

There are arrangements in place to monitor, audit and review the effectiveness and quality of care delivered to service users at appropriate intervals.

#### Examples of evidence

- A range of audits, including clinical audits are undertaken routinely and actions identified for improvement are implemented into practice.
- Arrangements are in place to escalate shortfalls identified during the audit process through the establishment's governance structures.

#### **Indicator E3**

There are robust systems in place to promote effective communication between service users, staff and other key stakeholders.

#### Examples of evidence

#### Communication

- There is an open and transparent culture that facilitates the sharing of information.
- Patients are aware of who to contact if they want advice or if they have any issues/concerns.
- Staff meetings are held with staff involved in the private doctor service.
- Staff can communicate effectively.
- Learning from complaints/incidents/near misses is effectively disseminated to staff, implemented and assured.
- The private doctor service provides specific information to patients which explains the treatment provided and associated risks and complications.
- Arrangements are in place for effective communication with other relevant healthcare professionals regarding patient care.
- The procedure for delivering bad news to patients, their families and other significant people is developed in accordance with guidance such as Breaking Bad News regional guidelines 2003.
- There are systems in place to contact the patient's registered general practitioner (GP), with their consent, for further information if necessary.

### Is care compassionate?

Service users are treated with dignity and respect and should be fully involved in decisions affecting their treatment, care and support.

**Indicator C1** 

There is a culture/ethos that supports the values of dignity and respect, independence, rights, equality and diversity, choice and consent of service users.

#### Examples of evidence

- Staff can demonstrate how confidentiality is maintained.
- Staff can demonstrate how consent is obtained.
- Staff are aware of their responsibilities should a patient refuse treatment.
- There is a policy and procedure on obtaining informed consent in line with GMC guidance on consent.
- There is a policy and procedure on maintaining confidentiality which is regularly assured.
- There is a suitable location for private consultation.
- There are arrangements in place to assist patients with a disability or who require extra support.

#### Dignity, respect and rights

- Patient's privacy and dignity is respected at all times.
- Patients' rights to make decisions about care and treatment are acknowledged and respected.
- Patients are treated and cared for in accordance with legislative requirements for equality and rights.

#### Informed decision making

- Information regarding services provided by the private doctor service accurately reflects the types of services provided and are prepared in line with the GMC guidance document Good medical practice -2024.
- Information provided includes the costs of treatments.
- Information is written in plain English.

#### **Mental capacity**

- There are systems and processes in place to identify where there may be evidence of lack of mental capacity.
- There is a model of consultation, which facilitates an assessment of capacity in line with legal expectations.

#### Indicator C2

Service users are listened to, valued and communicated with, in an appropriate manner.

#### **Examples of evidence**

- There are arrangements in place to support patients to make informed decisions.
- There are arrangements for providing information in alternative formats/interpreter services, if required.

#### **Indicator C3**

There are systems in place to ensure that the views and opinions of service users, and or their representatives, are sought and taken into account in all matters affecting them.

#### **Examples of evidence**

#### Patient consultation

- Patient consultation (patient satisfaction survey) about the standard and quality of care is carried out at least on an annual basis.
- The results of the consultation are collated to provide a summary report.
- The summary report is made available to patients and a subsequent action plan is developed to inform and improve services.
- RQIA staff/patient questionnaire responses are reviewed and used to improve services.

### Is the service well led?

Effective leadership, management and governance which creates a culture focused on the needs and the experiences of service users in order to deliver safe, effective and compassionate care.

#### **Indicator L1**

There are management and governance systems in place to ensure the overall quality and safety of services provided.

#### Examples of evidence

#### **Governance arrangements**

- Where the entity operating the establishment is a corporate body or partnership or an individual owner who is not in day to day management of the establishment, in accordance with Regulation 26 of The Independent Health Care Regulations (Northern Ireland) 2005, arrangements are in place to ensure the registered person/nominated representative monitors the quality of services and undertakes an unannounced visit to the premises at least six monthly and produces a report of their findings (where appropriate).
- There are arrangements in place for policies and procedures to be reviewed at least every three years.
- Policies are centrally indexed, a date of implementation and planned review is recorded and they are retained in a manner which is easily accessible by staff.
- Arrangements are in place in relation to medical governance in accordance with the GMC guidance document: Effective clinical governance for the medical profession: A handbook for organisations employing, contracting or overseeing the practice of doctors'.
- Arrangements are in place to provide evidence of an appropriate review of risk assessments e.g. legionella, fire, Control of Substances Hazardous to Health (COSHH).

#### Complaints

- The private doctor service has a complaints policy and procedure in accordance with the relevant legislation and <u>DoH Guidance in relation to the Health and Social Care Complaints</u> <u>Procedure (Updated April 2023).</u>
- There are clear arrangements for the management of complaints.
- Records are kept of all complaints and these include details of all communications with complainants, investigation records, the result of any investigation, the outcome, and the action taken.
- Staff know how to receive and deal with complaints.
- Arrangements are in place to audit complaints to identify trends and improve services provided.

- Themes emerging from complaints are analysed with input from other relevant governance committees and any themes identified are disseminated to all staff.
- Complaints are triaged to identify if there are any clinical issues which need to be further reviewed in line with risk management procedures.

#### Statutory notification of incidents and deaths to RQIA

- The establishment has an incident policy and procedure in place which includes reporting arrangements to RQIA.
- Incidents are effectively documented and investigated in line with legislation.
- All relevant incidents are reported to RQIA and other relevant organisations in accordance with legislation and procedures RQIA <u>Statutory Notification of Incidents and Deaths</u>.
- Arrangements are in place to audit adverse incidents to identify trends and improve service provided.

#### Equality

• The management have systems in place to consider equality for patients.

#### Indicator L2

There are management and governance systems in place that drive quality improvement.

#### **Examples of evidence**

#### Quality

• There is evidence of a systematic approach to the review of available data and information, in order to make changes that improve quality, and add benefit to the organisation and patients.

#### **Quality assurance**

- Arrangements are in place for managing relevant alerts.
- Arrangements are in place for staff supervision and appraisal.
- There is collaborative working with external stakeholders.
- There are procedures to facilitate audit, including clinical audit (e.g. records, incidents, accidents and complaints).
- Results of audits are analysed and actions identified for improvement are embedded into practice.

#### **Indicator L3**

There is a clear organisational structure and all staff are aware of their roles, responsibility and accountability within the overall structure.

#### Examples of evidence

- There is a defined organisational and management structure that identifies the lines of accountability, specific roles and details responsibilities of all areas of the private doctor service.
- Staff are aware of their roles and responsibilities and actions to be taken should they have a concern.
- The registered person/s has understanding of their role and responsibilities as outlined in legislation.
- Patients are aware of the roles of staff and who to speak to if they need advice or have issues/concerns.
- The registered person is kept informed regarding the day to day running of the private doctor service.
- There are opportunities to raise staff awareness through training and education regarding equality legislation to recognise and respond to patients' diverse needs.

#### Medical advisory committee (MAC)

- There are written terms of reference for the MAC.
- The MAC meets quarterly as a minimum, and arrangements are in place for extraordinary meetings, as necessary.
- The MAC reviews information collated by the registered manager on adverse clinical incidents (broken down by speciality, procedure and by clinical responsibility) on a quarterly basis to include:
  - o All deaths
  - o All unplanned re-admissions
  - Adverse incidents
  - All unplanned transfers to other hospitals or clinics
  - Other relevant clinical incidents
  - Complaints and compliments
- The MAC advises on corrective action when necessary.
- The MAC advises the service on developments in clinical practice.
- The MAC assists the senior management team to assure and evidence safe practice.
- The MAC provides the expertise to discuss and if necessary challenge practice of individual medical practitioners.
- Minutes of MAC meetings accurately reflect discussions progressed, actions agreed and persons responsible for taking forward actions within agreed timescales.

#### **Practising privileges**

- There is a written agreement between the medical practitioner and the private doctor service that sets out the terms and conditions of granting practising privileges.
- Practicing privileges agreements are reviewed at least every two years.
- There is a written procedure that defines the process for application, granting, maintenance, and withdrawal of practising privileges.

#### **Indicator L4**

The registered person/s operates the service in accordance with the regulatory framework.

#### Examples of evidence

- The statement of purpose and patient guide are kept under review; revised when necessary; and updated.
- Insurance arrangements are in place for public and employer's liability.
- Registered person/s respond to regulatory matters (e.g. notifications, reports/QIPs and enforcement).
- Any changes in the registration status of the service are notified to RQIA.
- The RQIA certificate of registration is on display and reflective of services provided.

#### **Indicator L5**

There are effective working relationships with internal and external stakeholders.

#### Examples of evidence

- Arrangements are in place for staff to access their line manager.
- There are arrangements in place to support staff (e.g. staff meetings, appraisal and supervision).
- There are good working relationships and management are responsive to suggestions/concerns.
- There are arrangements in place to effectively address staff suggestions/concerns.
- There is a raising concerns/whistleblowing policy and procedural guidance for staff.

## **Inspection reports**

Our inspection reports will reflect the findings from the inspection. Where it is appropriate, a Quality Improvement Plan (QIP) will detail those areas requiring improvement to ensure the service is compliant with the relevant regulations and standards as a minimum. Where no areas for improvement result from the inspection this will be reflected in the report.

Once the inspection report is finalised and agreed as factually accurate, it will be made public on RQIA's website.





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